

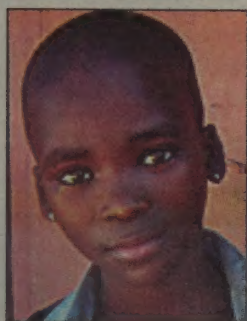
THE DEFENDER

March 29, 2006

ST. MICHAEL'S COLLEGE, COLCHESTER, VT.

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Hell on Earth: Global warming is here

Study shows 2005 was warmest year recorded

By Matt Ryan
News Editor

Last year was the warmest ever recorded, according to a recent NASA study.

"A strong underlying warming trend is continuing," said the agency, as the five warmest years over the last century occurred in the last eight years. In descending order of warmth, those years are 2005, 1998, 2002, 2003 and 2004.

Global warmth last year surpassed that of 1998, which was fueled by tropical storm El Nino.

Since the mid-1970s, the Earth has warmed one degree, according to NASA. Mankind's de-

pendence on fossil fuels has contributed to this change, which could destroy ecosystems and lay waste to many wildlife species.

However, there is Hope.

He sits in his office beneath a hanging garden amid football-sized California pinecones, zebra-striped stones from Lake Champlain and an assortment of geological specimens.

"The signs are really scary," Professor Peter Hope said, "We've got about 10 years to reverse what we do or we're going to see a very different world. We really have to reduce our use of fossil fuels and we have to change our consumption habits. We're out of control. Our consumerism is haywire, and our amount of waste is not sustainable."

Fossil Fools Day

What: Rally to demand climate change legislation, clean energy

Where: Vermont Statehouse, Montpelier

When: Saturday, April 1, 1:00 p.m., bike race is at 8:30 a.m.

A biology professor and nature enthusiast, Hope said he feared the devastation climate change will wreak on the environment.

See WARMING, Page 4

Obama-rama



Photo by Tyler Adkins

As the UVM Ira Allen Chapel overflowed with attendants, people scaled the chapel wall in attempt to get a glimpse and possibly hear the well-known Sen. Barack Obama. See OBAMA, Page 5

Student awarded for community service

By Jess St. Clair
Staff Writer

Senior Jamila Headley has won a statewide award for her community service worldwide.

"I can't ignore injustices that are right in my face," Headley said. "Maybe I was born with this instinct, or maybe it stems from the way I was raised."

The Madeleine M. Kunin Public Service Award is given to "a student who demonstrates a deep sense of civic responsibility and leadership, evidenced by initiative, innovative approaches to community issues, and effective community building," said Amy McGlashan, executive director of



Photo by Jonah Kessel
Jamila Headley, winner of the Madeleine M. Kunin Public Service Award.

Vermont Campus Compact.

Vermont Campus Compact works to bring Vermont colleges and universities together to promote commitment to public service. Each year the organization awards students, faculty, staff and other community agencies who demonstrate outstanding community service, civic engagement and service-learning initiatives.

"Each campus comes to that decision differently about who to nominate."

See HEADLEY, Page 2

Elections online for the first time

By Sara Randolph
News Editor

For the first time in St. Michael's history, voting for student elections will be held online. The results will also be released to the public.

Voting will take place on March 29 and 30. Computer stations will be set up in St. Edmund's Hall from 8 a.m. to 3 p.m. and in Alliot Hall from 8 a.m. to 7 p.m. each day. Voting ends at 7 p.m. on March 30.

"This is much more foolproof than a paper ballot," said Nancy Winters, senior class secretary and co-chair of the Student Elections and Oversight Committee. "This will be our most efficient voting system yet, by far."

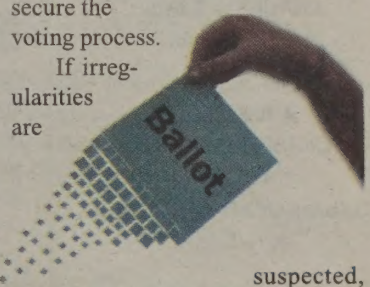
Student Association President Tyronne Walker worked with Winters and her co-chair, Katie Neville, a senior Hodson representative.

must provide their class year and student identification number. The committee co-chairs and Walker are confident the election will go smoothly.

"The way the system is set up, you can't vote more than once," Walker said. "We can also monitor the results. It shows a list of when people have accessed an account anytime someone is logged in. It shows exactly what time and what I.D. number they were using. It won't show who they voted for but it will show activity on the account."

There are provisions in place to secure the voting process.

If irregularities are

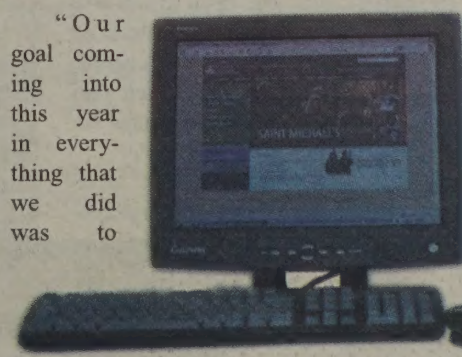


suspected, Neville said they are able to see if many I.D. numbers are being logged in by the same IP address and if that happens, from a dorm computer, they will approach those students and ask if they have voted and where they voted.

And the margin of error?

"I think there's always a possibility and it's always something you have to think of," Neville said. "We're hoping to limit that to even less than it would be."

See ONLINE, Page 2



make sure that we did it better than it had ever been done," Walker said. "Greg Tobey had talked a whole lot about online voting when we interviewed him last year for secretary of student policy and our entire E-Board liked it. We wanted to make sure it happened."

As secretary of student policy, Tobey researched different companies that provide online voting software and chose the ACTS Corporation, a Virginia-based company.

To sign in and vote, students

Photo illustration by Michael Degrandpre

NEWS

SECURITY LOG

Excerpts from March 6 - 26 Security reports,
courtesy of St. Michael's College Office of Safety and Security

Monday, March 6

10:11 a.m. Larceny/theft at Tarrant Recreation Center
3:30 p.m. Fraud at TH 100s
7:06 p.m. Odor complaint, marijuana, Hodson Hall

Tuesday, March 7

8:00 p.m. Fire alarm at Ross Sports Center
11:17 p.m. Odor complaint, marijuana, at Hamel Hall
11:41 p.m. Noise complaint at Founders Hall

Thursday, March 9

11:23 a.m. Parking complaint at Durick Library
11:21 p.m. Alcohol violation at Alumni Hall

Friday, March 10

1:24 a.m. Alcohol violation at Canterbury Hall
5:04 p.m. Odor complaint, marijuana, at Joyce Hall
7:33 p.m. Suspicious person at Ross Sports Center

Monday, March 13

5:09 a.m. Vandalism at Founders Hall
5:02 p.m. Suspicious person at TH 300s

Wednesday, March 15

1:35 a.m. Fire alarm at Alliot Hall
1:59 a.m. 911 hang-up at Canterbury Hall

Sunday, March 19

3:17 a.m. Suspicious person at Linnehan Hall
5:43 p.m. Drug violation at Linnehan Hall
6:31 p.m. Parking complaint Pontigny Hall
7:11 p.m. Odor complaint, marijuana, at Hamel Hall

Tuesday, March 21

1:51 a.m. Odor complaint, marijuana, at Linnehan Hall
8:59 p.m. Larceny/theft at Ryan Hall

Wednesday, March 22

10:00 a.m. Larceny/theft at Alliot Hall
9:19 p.m. Alarm at Pontigny Hall

Thursday, March 23

12:11 a.m. Suspicious person at Canterbury Hall
1:22 a.m. Towed vehicle at Cashman Hall
5:28 p.m. Alcohol violation at TH 100s

Friday, March 24

1:13 a.m. Drug violation at Ryan Hall
2:06 a.m. Noise complaint at Alumni Hall
4:08 a.m. 911 hang-up at Lyons Hall
11:15 p.m. Odor complaint, Lower 40
11:45 p.m. Drunkenness at Alumni Hall

Saturday, March 25

1:26 a.m. Alcohol violation at TH 300s
5:30 a.m. Fire at TH 100s
11:24 p.m. Larceny/theft at Cashman Hall

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ONLINE VOTING:
S.A. will release results

Continued from page 1

Winters tallying online votes is more efficient and accurate than tallying paper votes and it's convenient for the students as well.

If a student has a problem logging in, he or she should visit the S.A. office upstairs in Alliot where voting by paper ballot is available.

Walker said he is hoping for the highest voter turnout in the school's history.

"Two years ago we had the highest turnout of any election at St. Mike's, and that was 1,011 voters. This year the goal of the committee is to get 1,200 voters," Walker said. "We've got an aggressive campaign to inform seniors that they can vote and an aggressive campaign to make sure we get more people out to the open forum to learn about the candidates. The open forum will be videotaped and rebroadcast on Channels 4 and 73 so that people not there can get to see their candidates for two or three days before the election takes place."

At the March 21 S.A. meeting, Walker brought up the propo-

sition of releasing the election results to the student body.

Mike Samara, dean of Student Life, said previous student leaders thought not releasing voting results might encourage more students to run for office.

"The other view is, the real world publishes them so why don't we?" Samara said.

S.A. Vice President Dave O'Connor held the latter view.

"Since we are trying to simulate a real world election process, it should be your right to know what the outcome was and how your vote carried out," O'Connor said. "To withhold that from some one because they are not a candidate, is not fair."

Neville motioned to change Article 4, Section 1, 4f in the Student Association constitution to "results of the elections will be released to the general school population." Krystal Wrinn, a senior class senator, made a friendly amendment for the motion to include, "each candidate will be made aware of this process."

The motion passed with 40 in favor, five opposed and three abstained.

HEADLEY:
Awarded for
community service

Continued from page 1

"We have a nomination process and each member of Vermont Campus Compact is allowed to nominate one student for this award," McGlashan said. "Each campus comes to that decision differently about who to nominate."

Headley has been involved in the fight against AIDS since she encountered it in her home country of Barbados. The Politics of the Global AIDS Pandemic course first attracted her to St. Michael's. Through participation with the Student Global AIDS Campaign (SGAC), Headley was able to pursue her efforts to fight AIDS on a local level.

"Jamila has been a very strong leader and a good asset to SGAC," sophomore Catherine Cook said, a member of SGAC. "Her knowledge about HIV and AIDS and her ambition to create change is incredible. She is always willing to help out in projects wherever she can and always puts 110 percent effort into all that she does."

She has traveled as far as Tanzania to combat HIV and AIDS. Headley, seven other St. Michael's students and a professor forged new territory and lead a grassroots strategy workshop that was attended by a number of Tanzanian AIDS NGOs.

Last May, Headley traveled to Sri Lanka to help with tsunami relief efforts. She spent her first night in a refugee camp, and was offered a job by a local NGO, the Sewa Lanka Foundation.

"It always amazes me how things just work out," Headley said. "I really didn't know what

I was going to do in Sri Lanka, but by the second day I was offered a position."

After Hurricane Katrina hit, Headley aided relief efforts over winter break in New Orleans. This was the first year Headley was not with her family for Christmas. On her first day there, one of the houses was completed. Headley recalled the woman saying she felt like she had been visited by "nine angels."

"That's when I knew that I was supposed to be there," Headley said. "It made missing Christmas with my family seem worth it."

After a pioneering study abroad experience in the Sultanate of Oman, Headley was able to bring her Middle East experience back to St. Michael's through the Vermont-Israel-Arab Peace Partners Project. This organization worked with the Vermont Council on World Affairs to host 10 students for six weeks at St. Michael's. Headley helped coordinate a number of dinners and get-togethers for the visiting students.

"I was very excited to get a chance to use the Arabic I had learned in the Middle East," Headley said. "Much of my reasoning for going there was to learn the language."

Next Semester will be her last here at St. Michael's, and she plans on spending it in Jordan. After her graduation in May, Headley plans to attend graduate school to study global health policy.

Headley will be awarded the Madeleine M. Kunin Award at the VCC Gala on Thursday, March 30, at the Vermont State House in Montpelier.

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NEWS

STUDENT ELECTIONS 2006

Reported by
Jack Owens

S.A. Presidential race

**Arly
Scully '07****Hometown:**
Winooski, VT**Major:**
Journalism

I'm not doing this because it's the "next logical step" in my political career; I don't consider myself a politician. But I do have the confidence that I will be successful in bringing positive progression and changes to the S.A. I also feel that I have the ideas and the people skills to do the best job possible. The S.A. has a Web site that I feel is completely under used. I would like to promote it and use it more. I would really like to see us reaching out more and becoming more accessible to students.

Positions/Activities: Alumni Hall V.P., Co-Sec. of Programming, Defender, tour guide, Orientation Board past two years.

**Greg
Tobey '07****Hometown:**
Lynn, MA**Major:**
Political Science

I feel like I should be the next S.A. president and am qualified enough to effectively run the S.A. and represent the student body.

I want to continue the traditions and events like the Winter Carnival and P-Day. Nikia and I have plans to institute new social aspects; possibly a homecoming ball and a library café. We also want to continue different policies within the S.A.

Positions/Activities: Class President first year, Secretary of Student Policy the last two years.

S.A. Vice Presidential race

**Nikia
Murchie '07****Hometown:**
Meredith, NH**Major:**
Political Science

I love being involved with student government. I love to organize events and make a difference here at St. Michael's.

I would like to see the S.A. reach out to more of the student body, rather than just have what happen at the meetings stay at the meetings.

Positions/Activities: Class V.P. first-year, Class President soph. year, Student Policy member for three years, S.A. Senator for three years, volleyball, rugby, tour guide, intramural basketball and softball.

**Allan
Smith '07****Hometown:**
Southbury, CT**Major:**
Business

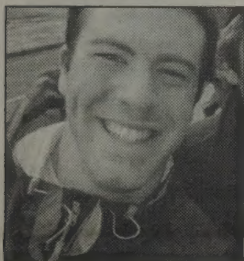
I'm running because I know

I can make the difference that people are looking for. I've realized that we all have the opportunity to make St. Michael's bigger and better.

Personally, my two goals are improving the athletic facilities, and bringing more to my people in North Campus.

Positions/activities: Orientation Leader, swim team, LEAP.

'07 Presidential race

**Hunter
Galotti****Hometown:**
Poultney, VT**Major:**
Psychology

I was class president and soccer captain in high school; every year here I've wanted to run for class president and never have. It's my last chance this year and it would be an honor to represent my class.

I want everyone to have a great senior year. SMC is great now. We don't always have to try and change things.

Positions/Activities: Nordic ski team, in London this semester studying abroad.

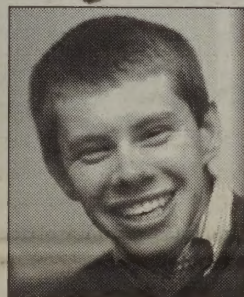
**Lauren
Remmes****Hometown:**
Milton, MA**Major:**
Math

I enjoy being involved in programs. I

work hard to do things and I enjoy doing them.

I want to bring the class together. As an ACA (Apartment Community Advisor), I have learned how to do this well. I look forward to using these skills to bring the class together.

Positions/Activities: Current class V.P., R.A. junior and soph. years, LEAP and Emmaus Teams, P-Day Committee, Founder's Society, volunteer student assistant coach for the Women's Ice Hockey Team.

**Michael
DeGrandpre****Hometown:**
Freeport, ME**Major:**
Journalism

I see running as a way to get

the most exciting activities planned for my peers to make our senior year not only the best year at St. Michael's, but also one that in 50 years we can look back and still remember as if it were yesterday.

I would like to change any notion that elected members of a class or S.A. position are inaccessible. Call me. IM me. Whatever it takes to let others get their ideas put into action would be an ideal change.

Positions/Activities: Diving team, M.O.V.E., F.E.S., Defender, tour guide, Orientation (FA2006), LEAP, P.O.W. team.

'08 Pres. race

**Trixie
Schmied****Hometown:**
Loudonville, NY**Major:** Art

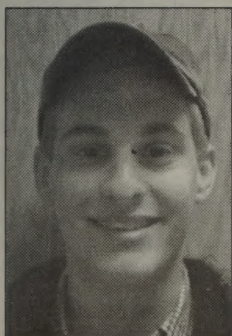
Having had the experi-

ence of working in the S.A. and listening to what my classmates would like to have changed, I feel that I could make a difference.

What I would like to try and do is get more people to come out (to S.A. events). I want to have socials for our class so that we can get to know each other better.

Positions/Activities: Joyce Rep., Cashman Rep., special events co-head, Little Brother Little Sister coordinator, tour guide, Campus Ministry (LEAP and Eucharistic Minister)

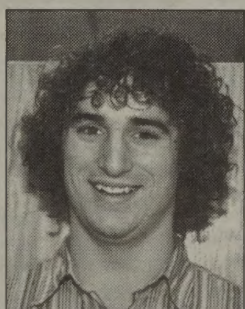
'09 Pres. race

**Steve
O'Neil****Hometown:**
Lancaster, MA**Major:** Accounting

I think that the class needs to come together a little more and I think I can do that.

I want to see better communication between the officers and the class with more activities like fundraisers and class events to bring us together. I do not have any specific ideas in mind right now.

Positions/Activities: Founders Society, M.O.V.E., Wilderness Program.

**Liam
Danaher****Hometown:**
Brookfield, VT**Major:**
Exploratory

In high school I was

the Vice President of student council. Along with the other people on the council we made a huge difference in student life and activities. I hope to do the same here.

I'm interested in having a say in the decisions that affect campus. I think that if the lines of communication between the SA and the student body were opened further than the SA would accomplish more.

Positions/Activities: DREAM; Rugby team.

**Shawna
Wood****Hometown:**
Plymouth, NH**Major:**
Psychology

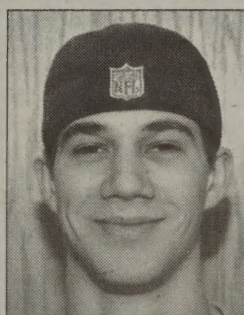
I did not like the way the class of

2009 was represented this past year. The students and the officers didn't have much communication and the officers didn't seem to reach out to the students other than when they needed help.

I want to be very approachable to students and reach out to them via e-mail, meetings and casual conversation. I want to plan more events and be more organized so that people can say "wow, that class of 2009 sure has their stuff together".

Positions/Activities: Lyons Representative this last year.

'08 V.P. race

**Justin
Foy****Hometown:**
Concord, NH**Major:**
Biochemistry

I decided to run because I don't believe

we are spending our money correctly. I'd like to see the S.A. represent what all students want and provide the proper budget for them.

Positions/Activities: None.

News

Pinched cord starts townhouse fire; no one hurt

By Sara Randolph
News Editor

An early morning townhouse fire Saturday burned books and charred furniture, but no one was injured.

The 5:30 a.m. fire in Townhouse 118 was caused by a clock radio's pinched electrical cord, which ran under a desk.

"When the insulation on a cord is breached, it turns into a heating element," said Peter Soons, director of Security. "Over time it accumulated enough heat to start a fire. The origin was electrical but it was not an electrical fire."

Seniors Grant Coscia, Ed Leavy, Tom Wu and Denis Barron live in Townhouse 118. Leavy, Wu and Barron were asleep when the accident happened. They had just returned home at about 5 a.m.

The fire occurred in Coscia and Wu's bedroom on the second floor. Wu said when he woke up, his room was filled with smoke. A stack of Coscia's books were burning across the room on the floor between his desk and bed.

"I woke up and there was

smoke everywhere," Wu said. "I got some water. I didn't think it was electrical because the books were on fire, so that's why I got water, even though you're not supposed to put electrical fires out with water."

Using water on fires sparked by electrical sources may cause electrocution. If an appropriate fire extinguisher is unavailable, baking soda may be used.

While Wu attempted to extinguish the fire, Security officer Mike Mannings heard the smoke detector sound as he was making his morning rounds unlocking buildings, Soons said. Mannings saw an orange glow coming from the upstairs bedroom window and called the St. Michael's Fire and Rescue squad.

"We were fortunate enough to not have a loss of life," Soons said. "Our staff was there quickly and extinguished the fire. We are proud of our officers whose quick action had a positive impact on the outcome of this incident."

Fire and Rescue made sure the townhouse was safe for the residents, Coscia said.

"It was honestly really lucky.

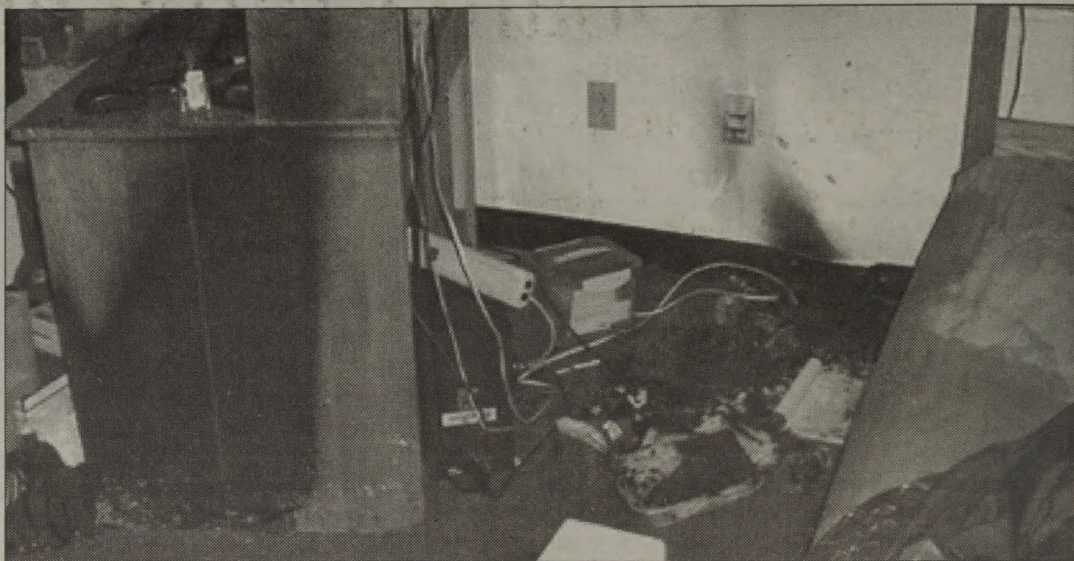


Photo courtesy of Pete Soons

A garbage can and wires melted into the carpet and furniture was charred in a fire at Townhouse 118.

My bed's not burnt, the garbage can melted into the carpet — I'm getting a new one. The desk is charred, and somehow it didn't catch to anything else."

A power strip and a telephone wire were unharmed, although Leavy said some cords melted into the carpet. The walls were gray with soot. Coscia's towel hung on the wall and, when

removed, revealed a white patch of the wall's true color.

"We have to move all our stuff out, and the carpet is being replaced," Coscia said. "I'm getting a new desk, but I only lost two books. I'll take care of that myself."

A can of air freshener nearby didn't combust, but certainly could have, he said.

"We're lucky no one got injured. It's weird how it worked out," he said. "It could have been a computer, speakers or a TV, but you can't put a price on a human life."

This was an accident, Soons said, but students should be careful with how wires are routed.

WARMING: Fossil Fools Day

Continued from page 1

"A lot of species aren't going to make it and ecosystems are going to change," Hope said. "Biodiversity turned me on the most in life, and we're really going to screw that up. Polar bears, for instance, are in major jeopardy."

Polar bears have declined in health during the past 20 years, according to the Environment Protection Agency. Polar bears hunt on sea ice in the spring months, but their health is threatened by rising sea temperatures in the Hudson Bay and the breakup of sea-ice.

A recent NASA study showed a net loss of ice from the polar ice sheets between 1992 and 2002 and a corresponding rise in sea level. We might eventually need Kevin Costner to guide us through a potential Waterworld.

Displayed on Hope's wall is a poster of a centuries-old violin made of Norway spruce. Although John Lennon once sang, "Isn't it good?" of Norwegian Wood, more aggressive beetles have decimated spruce tree populations in the U.S.

According to the EPA, 2.3 million acres of Alaskan forests have been killed by spruce beetles since 1992. Beetles and other insect pests are surviving the warmer winters and increasing in population.

"Warmth speeds up most biological processes," Hope said. "Animal ranges are moving north, like mosquitoes. Cold winters knock these populations back."

Malaria carrying mosquitoes and Lyme Disease carrying ticks will venture north through the warm winters, Hope said.

St. Michael's students have answered the call to save the planet.

Sophomore Conor Driscoll decided to attend college in Vermont, in part, because of the state's reputation for social activism.

"When I came to St. Mike's, I fully expected an environmental club,"

Driscoll said.

Finding none, he helped found Green Up SMC. The club helped organize the Fossil Fools rally for April 1, to spread awareness of clean energy.

Using fossil fuels is essentially "burning dinosaurs," Driscoll said, and we need to look elsewhere for energy.

"There's no one solution to global warming," Driscoll said.

Wind and solar powered energies are clean alternatives to oil and coal energies, Driscoll said.

Driscoll said he expects 100 to 150 students to participate in a bike race, an example of clean transportation, at the rally.

Hope said he thinks raising gas prices will force people to adopt other ways to travel.

"It doesn't bother me that gas prices are going up," Hope said. "People have to wake up and ask questions like, 'do I have to use the car for this' or can I car-pool?"

"We're never going to feel as mobile as we do now."

Hope reflected on alternative sources of energy.

"I used to have a bumper sticker in the '70s that said 'Split wood, not atoms,'" Hope said. "But (nuclear power plants) only emit steam, though there is the possibility of a catastrophic meltdown."

"However, we won't be able to support our level of consumerism with wind or solar energy," Hope said.

Driscoll provided examples of how students can reduce their levels of energy consumption.

"Turn off the lights, put the washer on cold water and take the shuttle up North," Driscoll said.

"There are a lot of people getting involved in the movement," Driscoll said. "We need people to work together to create a unified front."

Springing into the semi-formal

By Karen Fitts
Staff Writer

On Friday April 7, the Pontigny Hall Resident Life staff will be hosting a semi-formal dance at the Wyndham Hotel in downtown Burlington. The New Orleans-themed substance-free event will allow St. Michael's students to dress up for the occasion and get off campus.

The money that is made from the dance titled "New Orleans Throughout the Ages" will be donated to the Bishop Perry School in New Orleans that is affiliated with the Edmundites on campus. When students buy a ticket, they have the opportunity to donate to the school.

"We did the New Orleans theme 'cause we can add a charity to it," said Ida Jenkins, a Pontigny Hall resident assistant.

The idea for the dance came about when the resident life staff of Pontigny Hall, including seniors Jenkins, Mike Mosey and Hannah Edwards came together to discuss what they will do for the substance-free program they are required to put on. Each staff is given \$500 to provide programming that is an alternative to drinking on campus.

The Centennial Ball that took place last year was an inspiration to Hannah Edwards idea for the semi-formal, Jenkins said.

In the beginning stages of planning there was debate over how much each ticket would cost. "We wanted it to be cheap," Edwards said. "We had to also face the reality that we didn't have a lot of money." The tickets are available at \$7.

"There is no opportunity to get dressed up," said Meg Hennessey, resident director for Pontigny Hall. "The dances on campus that happen are like the Halloween dance."

After deciding to hold the program off campus, the staff approached the Student Association asking for more funds. The S.A. along with Student Activities both donated significant amounts of money. Other campus offices like WWPV also donated to the program.

The music to fill the Wyndham ballroom will be provided by the St. Mi-

New Orleans Throughout the Ages

Where: Wyndham Hotel,
Burlington
When: April 7, 7 p.m. to 2 a.m.

What to wear: Semi-formal attire

Proceeds benefit the Bishop
Perry School in New Orleans

chael's based band Domestic Blend, and the campus radio station will provide music when the band is not playing. The disc jockey provided by the radio station will play the music that is found at most dances, Hennessey said.

For those students who do not have transportation on campus and want to attend, the help of a shuttle company has been enlisted so everyone may attend.

"We didn't do the transportation because kids are going to drink," Jenkins said. "It was so kids didn't have the excuse that they can't get there."

The idea of the shuttle does not raise any concern for Hennessey when student drinking is questioned. "This is an alcohol and drug free program. We feel that students can be responsible, this is an event for the campus."

Tickets went on sale March 22. By the second day, tickets sales were already close to 100. "Our goal is 400," Hennessey said. If 400 tickets are sold, \$350 will be donated to the Bishop Perry School.

As long as tickets are not sold out they will be available to purchase at the door for \$10. The doors will open the night of April 7 at 7 p.m. and the dance will go until 2 a.m. There will be some food and a soda bar available to the students.

NEWS

Obama-rama at UVM

Illinois senator visits to support Bernie Sanders before teeming crowds

By Mike Morris
Staff Writer

Sen. Barack Obama, D-Ill., spoke March 10 to an overflow crowd that stretched the Ira Allen Chapel beyond its capacity with a populist fervor very much at home in the state of Vermont.

Obama said America could use a "nice, cool blast of the truth," words that carried on a breeze out the open chapel doors where crowds gathered to hear what they could of the senator's speech. He was met with an ovation from the already standing mass. Some peered through windows, leaning on sills, hoping to catch a glimpse of the "skinny guy with the funny name," as Obama referred to himself.

Anyone lucky enough to get a seat in the chapel would have seen that Obama looks younger than his 44 years of age. He wore a dark suit, a white shirt and a smile suited, many hope, to be the face of the Democratic party, though he wouldn't be out of place in a fashion magazine.

His voice was controlled with a Mid-Western quasi-accent of the sort found on network news. It moved in stark contrast to the brusque Brooklyn-tinged rhythms and phrasings of Rep. Bernie Sanders, I-Vt.

When Sanders spoke on an issue of personal significance, like health care, his voice would rise above the growing applause in a crescendo of noise culminating with a red-faced Sanders unapologetically defending socialism, at the top of his lungs and rendering the microphone a superfluity. Obama spoke about the same issues, but his voice fell below the applause, and into the nooks and crannies of silence, filling them with tempered language that invited the audience to lean in closely and listen. His brief anecdote about campaigning with Senior Sen. Dick Durbin, D-Ill., in Cairo, a city infamous for racial violence in the 1960s and 70s had the feel of a fire-side chat with an old friend who hadn't been seen in years, yet it did not lose its political significance.

Obama thanked former Gov. Howard Dean for issuing a "wake-up call about what politics are all about." Dean, who was in the audience, stood as the audience shook the chapel with foot-stomping and applause. Those who climbed onto windows contributed to the building's sway by banging on them.

Obama's speech, titled "Taking Back the Country in 2006" on event flyers, focused on the ways in which America had "lost its way."

"There's a sense among all of us that politics is bogus sometimes, that it's not working for us, that politics has become a business instead of a mission," he said.

"There's a sense of withdrawal from the public spheres.

We vote defensively against something rather than for something."

The predominant ideology in Washington, Obama said, is that "you're on your own."

This ideology is forced upon a population with "extraordinarily modest" expectations for the government.

"They expect that their children should be able to get a genuinely decent education and that if that child applies themselves, then they should be able to go to college, even if their parents aren't rich," Obama said. "They expect that our foreign policy should be based on the truth. That's about it. You can throw in clean air, clean water. It's not a lot."

The humor and the tail end of his philosophy disarmed an audience fired up by the offhand implicit war reference. The applause and yells at the non-present Republicans quickly dissolved into laughter.

Sanders, who spoke both before and after Obama, focused on similar philosophical issues, though he had a very local approach.

"Everybody in this room understands that there is something fundamentally wrong in terms of the direction that this great nation is going. And what your presence here today tells me, is that that small state is going to lead America in a new direction," he said, his voice rising as he spun his Vermont attitude around his New York enunciation.

"They are gonna know about the state of Vermont," he continued, over the applause.

The "they" he was referring to were right-wing Republicans who control the White House, the House of Representatives, the Senate and the Supreme Court.

Because of this leadership "in virtually every single area, our government is moving in the wrong direction."

A crowd estimated at 1,000 people outside without seats in either the chapel or the overflow room set up in the University of Vermont Central Campus Theatre, next to the chapel. A line stretched down University Place, where people gathered hours before the speech's scheduled noon start time.

Attendance was double the Sanders' campaign expectations, though those unlucky enough to not find a seat indoors were treated to some old fashioned outdoor politicking. Obama, Sanders and Vermont State Sen. Peter Welch, D-Windsor for Sanders' vacated seat, addressed those outside from the steps of the chapel and used a bullhorn to energize the crowd.

They gave "little snippets of the speech" outdoors, College Democrats president Dustin Bruley said. He had "prime real estate" for the outdoor speech, up against a railing only a few feet from the speakers.

"When he ended his speech



Photos By Tyler Adkins

Democratic supporters crowded UVM's Ira Allen Chapel on March 10 to see and hear Sen. Barack Obama.

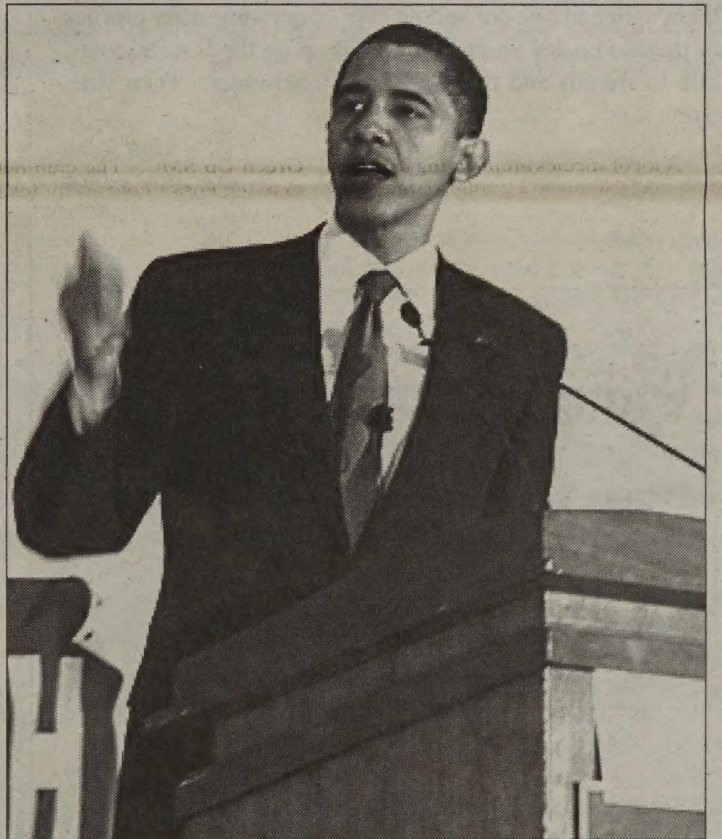
and they were about ready to go back, in I didn't know if Barack Obama was going to shake some hands along the rail and then go back in but he just turned to go back in. I yelled 'Senator Obama' and kind of stuck my hand out and he shook my hand. Out of the thousand or so people standing out here I was the one person to get a handshake," Bruley said with a laugh, sounding like he just met a movie star rather than a politician.

Bruley found his way to the overflow room to hear the main speech also, though he said the sound there was terrible.

"I didn't hear at all Bernie or Peter's speeches, and the first half of Barack's was by cell phone," meaning someone in the chapel held a cell phone up in the air while calling someone in the overflow room who held their phone up to a microphone set up in the theatre.

Obama used both speeches to endorse Sanders for an open senate seat in Vermont and Welch.

"I'm excited to endorse two outstanding progressive candidates that belong in Washington," he said, of Welch and Sanders.



Above: Sen. Barack Obama rallies support. Below: (From left to right) Vermont Sen. Peter Welch, D-Windsor, Sen. Barack Obama and Vermont Rep. Bernie Sanders. The three spoke to an audience that, double what was expected.



OPINION

Editorial

Vote, damn it

Election time is upon us again, and again the call goes out to students to get off their butts and vote. Or at least vote. Online voting will let us stay on our butts.

How sad it is that the S.A. has to pander to our laziness to get us all to vote. Well, 1,200 of us, anyway. That might be 100 times the number of students who cared enough to run for presidential and vice presidential offices for all the classes and the S.A. combined, but it's still only 63 percent of us 1,900 undergraduate students. If this were a grade for a school civics course, we'd get an F.

You'd think the zeal of being directly involved in our own government would be enough to spur us toward the ballot box. People died for the right to vote. At the moment, people in Belarus are being arrested for demanding their votes be recounted.

Our modest demonstration of democracy in action, here at St. Michael's, is an ideal people die for worldwide, and still we can't walk to Alliot and cast a vote? Most of us walk there a few times a day to eat.

Our votes count. They decide our student leaders who handle our money (our S.A. obligations), present our interests to the administration and plan our events and activities (P-Day).

Now that the voting results are finally going to be released to the student body, students can realize how valuable each vote is in an election hoping for a mere 1,200-voter turnout.

So let's go find out about our candidates, and talk about them in line to cast our ballots. We've got some nifty profiles of the candidates on Page 3. Read up on the S.A. minutes, talk to friends and the candidates themselves. Then vote, damn it.

— Matt Ryan
executive editor

Voting Information

When: Vote Wednesday, March 29, and
Thursday, March 30

Where: Vote in the Alliot and St.
Edmund's Hall lobbies or online

Letters to the editor

What's your view?

Send a letter of 500 words or less to the editor on any subject related to St. Michael's College by e-mail at defender@smcvt.edu.

Hope to hear from you soon.

DEFENDER

MISSION
STATEMENT

As the editorial staff of The Defender, the student-run newspaper of St. Michael's College, we strive to accurately, professionally and ethically report the news affecting the lives of students and the community.

The Defender is a designated public forum. Student editors make all content decisions. We believe in the freedom of expression. We encourage our readers to express their views at any time.

The Defender publishes letters to the editor in response to articles that we have printed in the paper and issues on campus. The Defender does not publish anonymous letters. Letters will be edited only for grammar, spelling, good taste, and sometimes length.

PHOTO OF THE WEEK | Ring around le rosie



Photo by Michael DeGrandpre

Students from the Christ the King School in Burlington fill the lobby of Alliot Hall on Wednesday, March 22. The students, ages 7 to 10, were on campus to celebrate Le Jour de la Francophonie, dancing and singing to audiences during lunch hour. The event was sponsored by the Office of Multicultural Student Affairs in association with the Alliance Française of the Lake Champlain Region.

Letters to the Editor

Class of 2006 gift donations

Ladies and Gentlemen (using the term loosely),

Graduation is almost upon us. Although it is a very scary thought, many of us are moving on to bigger and better things. We will hopefully be independent and employed, and we owe a great deal of that future success, however you may define it, to St. Michael's College.

All of the things we have been taught, all the things that St. Michael's has given us to prepare us for our lives, required hard work and tireless dedication on the part of both our professors, campus staff, and the college's administrators. There is no better way to say thank you than to give back to your school.

The Senior Class Gift is a perfect way to do

so. This year we are looking for \$26 from each student to raise money for installing a raised granite flowerbed in front of the library. The granite will be engraved with Durick Library and underneath with Gift of Class of 2006.

Please help this to become a reality and give early and often. Our goal is \$8,000 and with your help, we can certainly achieve that. To give, please contact Doug Early at dearly@smcvt.edu or Gabe Gladding at ggladding@smcvt.edu. Also, keep your eyes peeled for tables in Alliot as well as mailings with further information.

Help us to leave the Class of 2006's footprint on the school. Thank you!

Doug Early and Gabe Gladding,

Senior Class Gift Co-Chairs

Tarrant good for Vermont

Vermont is fortunate to have a man like Rich Tarrant willing to serve. I find it interesting that the only negative things being said about Rich Tarrant have to do with his being wealthy. Having been his business partner at IDX for 30 plus years I know first hand that he earned every penny of it through long hours, hard work and intelligence. Since when is achieving a bad thing? It's the American way.

I believe Rich Tarrant has already given far more to Vermont and Vermonters than Mr. Sanders ever has when you consider the hundreds of well paying jobs, the IDX foundation grants, his personal philanthropy and the millions of dollars given to Vermont causes by other IDX people made possible by what Rich Tarrant made possible.

I know him probably better than anyone and he is a man of great integrity and honesty. He cares a great deal about Vermont and the people of Vermont. To anyone who is thinking of voting for Mr. Sanders I would like to say, "Look at his record."

Bob Hoehl,

South Burlington

Mr. Sanders says he is fighting for the little guy, the middle class against the big guys. What has he ever won? It's one thing to fight but if you don't win what's the use. Vermont needs results not just words.

Rich Tarrant has a proven track record of getting results. No one fights harder than Rich for what he believes in. Obviously he believes in Vermont given what he has already contributed to Vermont, plus the various charitable and non-profit boards he has served on and his willingness to serve the state as its senator.

Vermonters should not throw away this opportunity to elect someone the caliber of Rich Tarrant as their next senator. Special people like Rich don't come along every day.

Visit the **Defender** online.

<http://www.smcvt.edu/defender/>

FEATURES

Campus

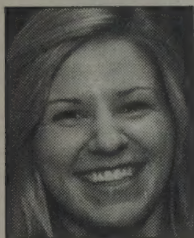
SPEAKS

If you were S.A. president for a day, what would you do?



"I would go into Alliot with my backpack on."

Dave Miller, Class of '07



"The only thing Alliot would serve is carrot cake."

Anne Maher, Class of '09



"Cancel classes for the week."

John Contrada, Class of '09

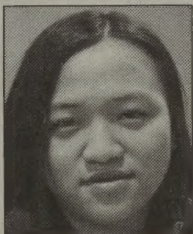


"Build more spaces for parking and make Ryan Hall a zoned lot."

Lauren Remmes, Class of '07

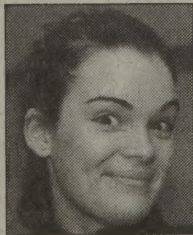
"Try to increase the fun for the school."

Nghi Tu, SIS



"Make more open suites for people. There were only nine suites for people who weren't GREAT or Honors."

Betsy Sias, Class of '08



"I'd legalize kegs."

Michael Hill, Class of '07



"We'd give money to Irish Step Dancing and make dance a major and a minor."

Julie Griffin-Carty & Erin Brady, Class of '09



It was 50 years ago today...

St. Michael's celebrates P-Day's golden anniversary



Photo courtesy of Liz Scott, archivist

The faculty-staff softball team the Archangels celebrates its victory in the Tricycle race. From left to right, Bill Anderson, the Rev. Brian Ortale, Larry Barnes, the Rev. Michael Cronogue and Todd Wadsworth.

By Carl Lawrence
Staff Writer

This year marks the 50th Anniversary of P-Day at St. Michael's. The event celebrates years of an honored college tradition, but there might not have been a P-Day had the Student Association and Resident Life not strive to keep the tradition alive.

"Historically, it was the last Saturday of the academic year, and referred to as Preparation Day," said Jennie Cernosia, director of Student Activities. "The junior class, when it was an all male institution, used to sponsor events for the senior class as a send-off prior to finals."

When P-Day was first introduced, it focused on enjoying time with the school's community. Past events included major concerts, faculty/staff and student competitions, student bands, intramural games and other events the entire school could enjoy.

P-Day, however, has become synonymous with student alcohol use and abuse.

"Unfortunately, students see it as a permission to have that last blast and that has usually translated into drinking," Cernosia said. "But not everyone chooses that."

Activities for P-Day last year went well despite the bad weather, but the P-Day many remember was START (Stop Teen Alcohol Risk Team) storming on campus, Cernosia said. Last year, START issued 101 citations on P-Day.

"The school got a lot of bad publicity off of that," S.A. President Tyrone Walker said, "when, in fact, everybody would admit from the administration on down to the students that the program piece of P-Day was great. Unfortunately, that was overshadowed."

START will be on campus again this year to ensure P-Day celebrations do not get out of control. This year the S.A. hopes to arrange an open forum for START members to explain their role on campus and give students the chance to ask questions.

"Representatives from Colchester police will be present to answer specific questions of students to educate them on what START team does," Walker

said. "Also to answer questions about the problems that students feel happened last year with START team, and the steps we are taking to make sure that those things don't happen again."

The open forum is expected to take place during an S.A. meeting, held Tuesday evenings in Chera 101. START will also give the expectations it has for St. Michael's students.

The S.A. was determined to have P-Day, despite the events that took place last year, Walker said.

"I think there is just a misconception and that's the reason why we have a strategy in place to dispel some of those negative notions about P-Day," Walker said.

After P-Day last year, members of the S.A. Executive Board met with Student Life and Doug Allen, a Colchester START representative, in order to figure out what happened.

"We had to come to a decision on how it is going to happen, how do we make it successful, how do we make sure that everyone is safe, and most of all, having a good time," said S.A. Vice President Dave O'Connor. "It's been 10 months of dialogue."

P-Day has generally started early in the afternoon and concluded early in the evening. This year, the S.A. Executive Board plans to have P-Day be a full day of events.

"One of our focuses was trying to get there to be some sort of entertainment going on through the night," said Gabrielle Gladding, co-secretary of programming. "There are still going to be options. There's going to be activities that people can go to in order to encourage them not to go back at five o'clock and start binge drinking."

The S.A. plans on having P-Day extend beyond midnight this year. They are arranging two types of entertainment which will go on after 6 p.m., including a midnight breakfast in Alliot where there will be music provided.

"We do recognize that the day has ended too early; and that we need to do a better job of programming and giving people more options after five or six o'clock when it gets too dark," Walker said.

Campfire Stew

By Robyn Zalewski
200s Townhouses

Ingredients:

- 1 lb. hamburger.
- 2 cans condensed vegetable soup (the kind with the alphabet letters works best).
- A handful of elbow macaroni.
- 1/4 cup of ketchup.
- Jalepeno (optional).
- Water.

Instructions:

1. Brown meat in pot on stovetop.

How Seniors Survive

A guide to cooking for yourself

2. Add 2 cans of soup.
3. Add jalapeno (if wanted).
4. Add 1 soup can of water.
5. Add ketchup.
6. Add macaroni.
7. Stir thoroughly.
8. Bring to boil, stir occasionally.
9. Turn down heat when

macaroni is cooked, let simmer to rid of moisture.

10. Serve.

Bread suggestion: Great just served with basic bread and butter, but garlic bread is also great to have with it.

If you have a quick, easy recipe you'd like to share with the campus, please contact Michael Langenmayr at mlangenmayr@smcvt.edu.

FEATURES

Service with a smile

Tenzin Dolma: India, Vermont and chips on the side

By Michael Langenmayr
Features Editor

How long have you worked at St. Michael's?

Over a year, I think. When I worked in India I liked the students, the small children. My friend who works here said I can work for him. Then, I applied here.

And you like working here? The students are nice to you?

Yeah, I like working here. All the students are so good, I like all the students.

You said you lived in India before you came to Vermont?

Yeah!

What did you do there?

I work with small children in a daycare.

How long did you do that?

Maybe ... 18 years. Yeah, it's long. Too long.

Did you live in India your whole life before you came here?

No, I was born in Tibet. The Chinese occupied Tibet, so we moved to India.

Did your family come with you to the United States?

Yeah, all our family is here.



Photo by Michael DeGrandpre

Tenzin Dolma, who moved to the United States six years ago, works in the Green Mountain Dining Room.

And you all live in the Burlington area?
In the Burlington area, yeah.

Two and a half years.

After a hard day's work, what do you normally do?

I look after my grandson and I make food at home.

And how many kids do you have?

I have three kids. My older son is married. He and his wife came here to the United States maybe three, four months ago.

So, you've worked here for over a year?

Yes ... but I've lived in the United

Mike's People

*Shining the spotlight on
St. Michael's unsung heroes*

States for maybe six years.

What did you do before you worked here?

I worked in Plattsburgh, but they closed the store.

So now you work here with your husband?

Yeah, my husband works here too. We came here together. We both worked together in Plattsburgh and then we came here together.

And what did your husband do before you moved to the United States?

He was a store accountant for a small Tibetan store.

What do you do at home to relax?

Sometimes my husband watches the news. Sometimes I read a prayer book in my home. In the morning I read a little bit and in the afternoon I read a little bit.

We are the world

Senior starts charity to aid South African school

By Anna Jamieson
Staff Writer

When senior Steve Theoharides studied abroad last spring at the University at Stellenbosch in South Africa, he saw how much the primary school he worked at was in need.

While in South Africa, Theoharides participated in a volunteer program at Ikaya Primary School, located in Stellenbosch. The program was for international students studying at the university.

Theoharides has started the Kayamandi Project on campus to benefit the volunteer program that teaches English to South African children. He said the money will be extremely beneficial to the school.

Theoharides said the money will help fix classrooms, fund field trips, buy sports equipment and foster hands-on activities.

"It'll make a real big difference to these kids," Theoharides said.

More than a dozen clubs and individuals from the Student Association (S.A.) has either donated or pledged to raise money for the Kayamandi Project.

The fund-raising goal for the Kayamandi Project is \$5,000, and, so far, more than \$3,500 has been pledged.

S.A. President Tyrone Walker encouraged clubs to give their time and energy as well as money to the Kayamandi Project.

"I wouldn't allow the Student



Association to just give a donation," Walker said. "Just giving a donation allows us to be disconnected from what we give."

Walker said he didn't want the S.A. to be seen simply as an ATM machine.

So far fund-raisers for the project have included coffeehouses, open mic nights and a benefit concert March 25.

Jeff Baker, a senior who works at WWPV, said the radio station was more than willing to help. Originally, the concert was to benefit the station, but it was decided the Kayamandi Project was "a more worthwhile cause."

Baker said approximately 250 people came to the last concert WWPV put on. He said it's hard to know how much money will be raised from the concert because it's free. Instead, people

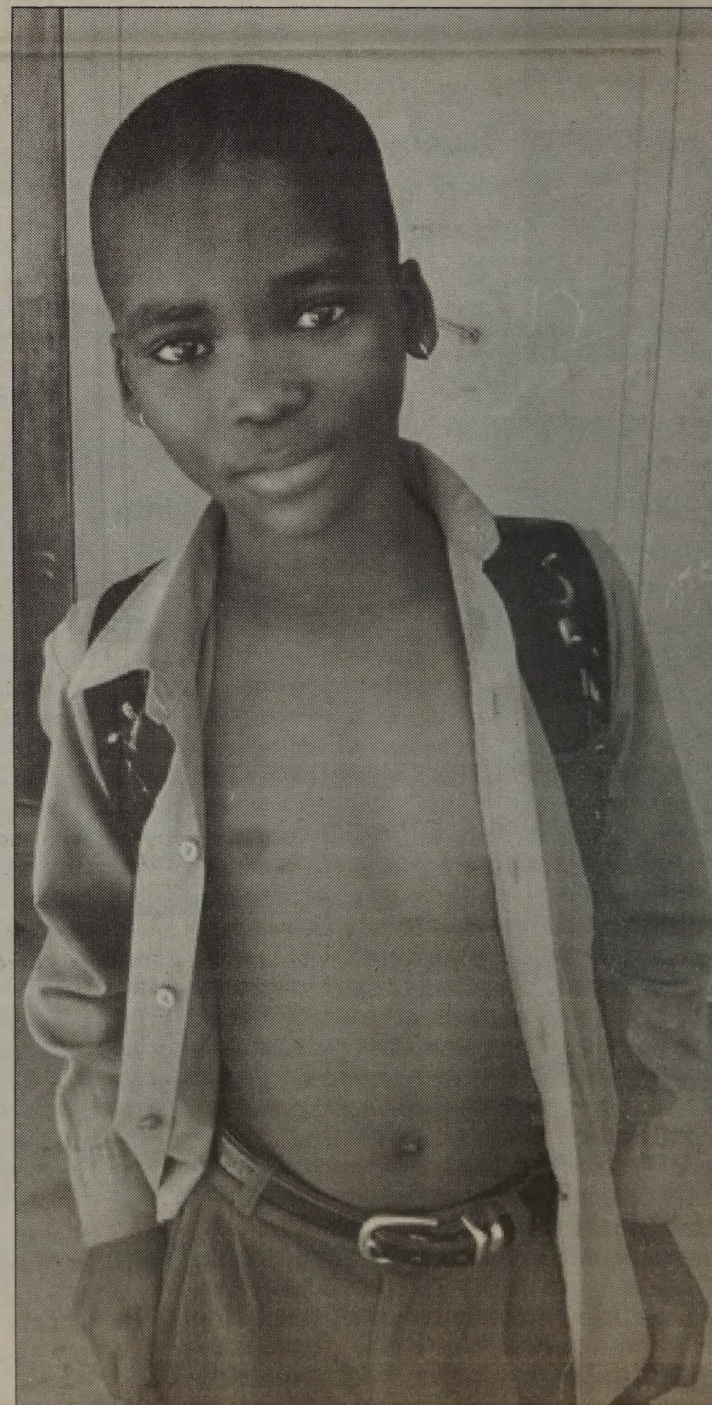
who would like to donate to the project may do so.

Theoharides' interest in helping the school reflects positively on the college's study abroad program, Walker said.

"It shows when St. Michael's students study abroad in a culture, they take stuff away from the culture and give back to it," Walker said.

There were several reasons he decided to start fund-raising, Theoharides said.

"Poverty and race relations are serious problems that are a challenge to the future of the world," Theoharides said. "As inhabitants of that world, people should try to do what they can to make it a better place."



Photos courtesy of Steve Theoharides

Students from Ikaya Primary School in Stellenbosch, South Africa pose for pictures.

FEATURES

In the arms of unconsciousness

St. Michael's students suffer from lack of sleep

By Hilary Skibinski
Staff Writer

Whether it's from the all-nighters pulled to make the grade on that test or the partying students' parents are paying \$35,000 a year for, St. Michael's students are not getting the right amount of sleep they need each night.

Like many Americans, college students try to fit too much into their day and the thing that often suffers is sleep, Susan Jacques of St. Michael's Health Services said in an e-mail.

Junior Patrick Harrington said students are constantly around other people, which makes it harder to get sleep.

"It's not like being at home," Harrington said. "It's much more relaxing and there are less distractions that stop you from getting to bed."

Harrington said he gets six hours of sleep a night, but doesn't often feel the effects from lack of sleep. Unfortunately, Harrington said, his sleeping habits affect him when he has to wake up early for class.

"I have trouble waking up early and adjusting," he said.

Harrington often stays up late studying, but the lack of sleep does not greatly affect his performance. He said, though, he probably would do better if he went to bed earlier.

To help him sleep, Harrington exercises almost every day, and goes to the bar with friends to help relieve stress.

Too busy to sleep? Organize:

1. Keep an assignment pad. It helped in first grade and, really, college is just like grade school, but with alcohol.
2. Keep a notepad next to your bed to write down any ideas that pop into your head while drifting off to sleep. Then, after getting up to write them down, have fun trying to nod off again.
3. Pack your backpack for the next day before going to bed, that way you won't have to worry about things you need to do the next day.

Insomnia? Try this:

1. Cut down on your intake of alcohol, caffeine and nicotine, especially

after dinner. And, really, if you're drinking alcohol before dinner, well, that's another problem.

2. Try to go to bed at the same time every night. Don't forget the teddy bear.

3. Use your bed for sleeping and, well, you know. Do homework and watch TV outside the bedroom.

4. When you get in bed, think about relaxing your toes. Work your way up your body until you reach your head. If you're not relaxed by then, um, count sheep or something.

5. Drink a warm glass of milk. No, really, it works. Really.

For more information, visit Health Services or the Student Resource Center.

"If I don't exercise I have trouble falling asleep," Harrington said. "Otherwise, I'll have too much energy."

Sophomore Brynne Curran also has irregular sleeping habits. She said stress, distractions and the noise levels at night play a large part in her restlessness.

Curran gets between five and seven hours of sleep and wakes up at least four times each night.

"I think a lot of it has to do with stress," Curran said. "But I don't think it's completely work-related."

Balancing her workload is what Curran said is difficult. Curran said she is usually up until 2 a.m. the night before she has an exam. Exams play a big role in increasing her stress level, she said.

To relieve stress, she enjoys working out and running because it helps clear her mind.

Like Harrington, Curran said she relies on coffee to get through the day after a restless night. Coffee, however, does not completely solve the problem of sleep deprivation and it still affects her energy

level, Curran said.

"Sometimes I'm so tired," Curran said. "I get in bad moods because of it."

Students' busy schedules and the fact that they lack time management skills cause them to receive small amounts of sleep, according to Jacques.

Jacques said students who are sleep deprived can feel fatigued, irritable and their immune system may be weakened, which could lead to various illnesses. Students become ill and overly stressed due to lack of sleep.

"Many students lack adequate sleep and probably develop illness due to an immune system that isn't functioning as well as it should be," Jacques said.

Lack of sleep can not only lead to illness, but can also cause a longer recovery time, Jacques said.

Getting eight hours of sleep every night can help to cure illnesses and relieve stress.

Caffeinated beverages or energy drinks are not healthy for students to drink on a regular basis and are not a cure for lack of sleep, according to Jacques.

Students need to properly plan time for studying, regular exercise, sleep, socializing and incorporate good nutrition into their diet to maintain a healthy lifestyle at school, Jacques said.

"Balance is the key," she said. "If you have problems being able to balance academics and the rest of your life, seek help with a workshop on time management skills development."

SAINT MICHAEL'S COLLEGE

Undergraduate Summer Session

2006

UNDERGRADUATE COURSES - SUMMER 2006

ART

Drawing I (AR 205) - 3cr.

Monday - Friday, 9:00 - 11:30 a.m., May 22 - June 9

Studio Fee \$55. LSR: Artistic Experience

Calligraphy (AR 313) - 3cr.

Monday - Friday, 1:00 - 3:30 p.m., May 22 - June 9

Studio Fee \$55. LSR: Artistic Experience

Ceramics 1: Wheel Throwing (AR 327) - 3cr.

Tuesday & Thursday, 6:00 - 10:00 p.m., May 23 - June 22

Burlington City Arts Clay Studio, Main St., Burlington

Studio Fee \$100. LSR: Artistic Experience

BIOLOGY

Human Biology in Health and Disease (BI 108A) - 3cr.

Monday, Tuesday, Thursday, Friday

9:00 a.m. - 12:00 p.m., May 22 - June 16

Lab Fee \$70. LSR: Natural/Mathematical Sciences

Field Biology: Ecological Concepts and Field Techniques (BI 110A) - 3cr.

Monday, Tuesday, Thursday, and Friday

9:00 a.m. - 12:30 p.m., May 23 - June 9

Lab Fee \$70. LSR: Natural/Mathematical Sciences

Ichthyology (BI 331) - 4cr.

Monday - Friday, 8:45 a.m. - 4:00 p.m., May 22 - June 16

BUSINESS

Management Information Systems (BU 111) - 3cr.

Tuesday & Thursday, 4:00 - 7:45 p.m., May 23 - June 22

Financial Accounting (BU 141) - 4cr.

Monday - Friday, 8:00 - 10:30 a.m., May 22 - June 16

Managerial Accounting (BU 143) - 3cr.

Monday, Tuesday, Wednesday, Thursday

8:00 - 10:30 a.m., June 19 - July 13

Online Courses

Journalism and Mass Communication Practicum (JO 413A) - 3cr.

(Mandatory Informational meeting, April 25, 12:00 p.m.) ■ May 22

Journalism and Mass Communication Practicum (JO 413B) - 3cr.

(Mandatory Informational meeting, April 25, 12:00 p.m.) ■ June 19

Business Statistics (BU 207) - 3cr.

Monday, Wednesday, Friday, 4:00 - 6:30 p.m.

May 22 - June 23

Financial Policies of Corporations (BU 315) - 4cr.

Monday - Thursday, 9:30 a.m. - 12:35 p.m.

May 22 - June 15

COMPUTER SCIENCE

Introduction to Computers (CS 101) - 4cr.

Monday - Friday, 8:30 a.m. - 12:00 p.m.

Lab: 1:30 p.m., May 22 - June 9

LSR: Natural/Mathematical Sciences (Non Lab Science)

ECONOMICS

Principles of Macroeconomics (EC 101) - 3cr.

Monday - Friday, 10:30 a.m. - 12:15 p.m., May 22 - June 16

LSR: Social Science/Organizational Studies

Principles of Microeconomics (EC 103) - 3cr.

Monday - Friday, 8:30 - 10:15 a.m., May 22 - June 16

LSR: Social Science/Organizational Studies

ENGLISH

Special Topics in Film: Film and History (EN 403) - 4cr.

Tuesday & Thursday, 5:50 - 10:00 p.m., May 23 - June 29

LSR: Literary Studies

FRENCH

Introduction to French (FR 101) - 5cr.

Monday - Friday, 9:30 - 11:50 a.m., May 22 - June 16

Intermediate French (FR 102) - 5cr.

Monday - Friday, 8:30 - 11:50 a.m., June 19 - July 14

GENDER STUDIES

Introduction to Gender/ Women's Studies (GS 101) - 3cr.

Monday, Wednesday, Friday, 9:00 a.m. - 1:15 p.m.

June 19 - July 7

HUMANITIES

Ancient and Medieval Civilization (HU 101) - 4cr.

Monday - Friday, 9:00 a.m. - 12:30 p.m., May 22 - June 9

LSR: Historical Studies, Literary Studies, or Culture and Civilization

JOURNALISM

Writing for Media (JO 205A) - 4cr.

Monday - Thursday, 12:30 - 3:00 p.m.

May 22 - June 22

MATHEMATICS

Finite Math (MA 101) - 3cr.

Monday - Friday, 9:00 - 11:45 a.m., July 3 - July 21

LSR: Natural/Mathematical Sciences (Non Lab Science)

Elementary Statistics (MA 102) - 3cr.

Monday & Wednesday, 5:00 - 8:30 p.m.

May 22 - June 26

LSR: Natural/Mathematical Sciences (Non Lab Science)

PHILOSOPHY

Philosophy of Society (PH 205) - 3cr.

Tuesday, Wednesday, Thursday

8:00 a.m. - 12:30 p.m., May 23 - June 8

LSR: Philosophy

POLITICAL SCIENCE

Introduction to Politics (PO 101) - 3cr.

Monday, Wednesday, Friday

9:00 a.m. - 12:10 p.m., May 22 - June 16

LSR: Social Science/Organizational Studies

Introduction to American National Politics (PO 120) - 3cr.

Monday, Tuesday, Wednesday, 5:00 - 8:10 p.m.

July 3 - July 26

LSR: Social Science/Organizational Studies

American Foreign Policy (PO 203) - 3cr.

Monday, Tuesday, Wednesday, 5:00 - 8:10 p.m.

May 22 - June 14

PSYCHOLOGY

Abnormal Psychology (PS 256) - 3cr.

Monday - Friday, 9:00 a.m. - 12:15 p.m.

May 22 - June 5

LSR: Social Science/Organizational Studies

Classes are held on campus unless otherwise noted.

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ARTS & ENTERTAINMENT

School supports seniors project

WWPV hosts benefit concert for the Kayamandi Project

By Jon Stewart
Staff Writer

St. Michael's radio station, 88.7 WWPV "The Mike" took its music off the radio airwaves and hosted a free live benefit concert Saturday, March 25 at Eddie's Place.

The benefit concert consisted of local band, Fallback, and St. Michael's own Domestic Blend. Lucy Vincent, a native band from Martha's Vineyard, also performed.

Donations collected from the show are going toward the Kayamandi Project, dedicated to promoting and improving education in South African schools.

"It goes with the mission of the college," said Mike Kelley, public relations director for WWPV. "This is another example of growing as people, but also as an institution."

Since WWPV is a non-profit organization, its staff decided to have a benefit concert for what it believes is a good cause.

"It would be great if a lot of people came out to donate," senior Auggie Car-bunari, bassist of Domestic Blend, said in anticipation of the show. "I hope that the bands really help to do that."

All three bands have played on campus in the past, and received positive feedback from students, senior Kelley said.

"I think it's important to book bands coming out of St. Mike's, but also from Burlington and New England," Kelley said. "These bands have been accepted by a lot of people when they played here in the past. We figured students like to hear the music, but we're also trying to get some of the bands some local press."

The performing bands have very different music styles, from alternative rock to acoustic funk and jam rock. Accord-

ing to senior Marissa Petrarca, station manager of WWPV, the diversity in the sound of the bands aids in attendance for WWPV sponsored shows.

"We try to book different kinds of bands because we don't restrict our DJs and they have fans from their radio shows that like different genres," Petrarca said. "We get more fans to come out to the shows if we book bands for everyone."

Each band's unique live show agreed with the intimate crowd of approximately 75 people. The crowd rocked out to Fallback's raw rock and roll riffs, and enjoyed the mellowed sounds of Lucy Vincent and Domestic Blend. Fans were particularly receptive of St. Michael's own Domestic Blend, who opened for the show. The band has become a well-known name on campus.

"I really like their sound because it's catchy and easy to dance to," sophomore Colleen Macomber said. "I like seeing shows at Eddie's because it's a St. Michael's gathering with a relaxed vibe that gives bands a good place to perform."

The concert changed pace when rockers Fallback took the stage. The band showcased Fall Out Boy and The Used cover songs with their original rock anthems in the mix.

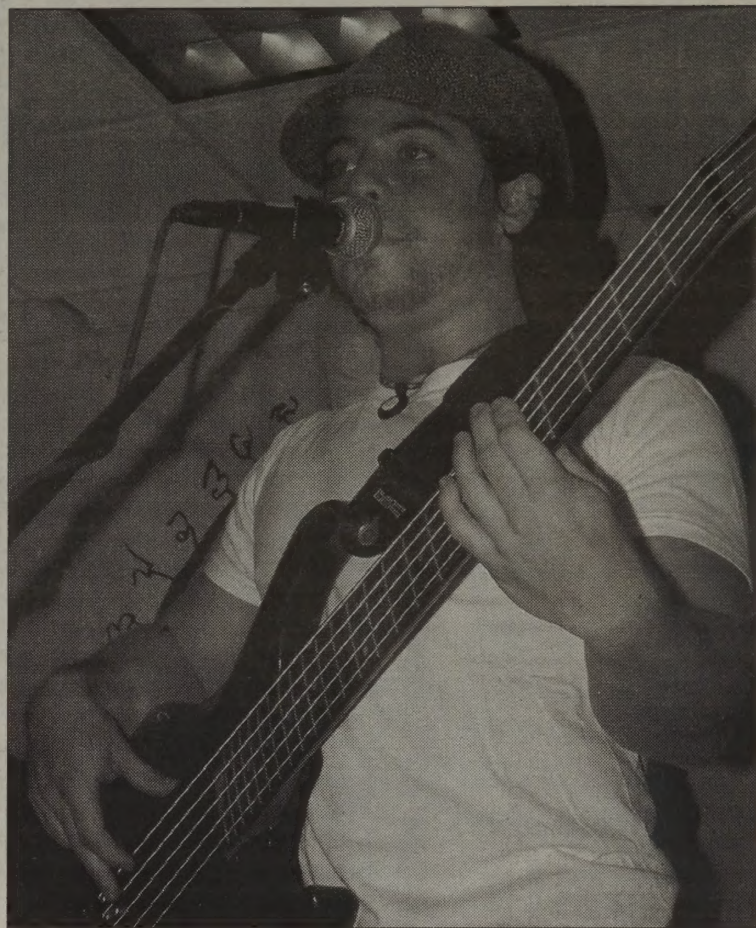
"They're one of the most well put together bands I've seen out of Burlington," sophomore Chris Pepin said. "They put together so many different instruments and definitely love to play to the crowd."

Nectar's regulars Lucy Vincent demonstrated to St. Michael's the meaning of funk rock with an acoustic flair. Its live show fed off of the audience's ecstatic enthusiasm.

WWPV will be having another benefit concert April 8, to raise money and awareness for the Chittenden Emergency

Food Shelf. The radio station had so many bands that wanted to play on campus it was necessary to make two separate shows.

"When we go in, we go in full force," Petrarca said. "We use all of our resources to book bands and promote the shows."



Photos courtesy of Jameson Aubut

Lucy Vincent's bassist, Jordan Lee Berger, along with fellow band members Kelly Ravin and Matt Rosenthal, got the crowd up and dancing at Eddie's Lounge on Saturday March 25.

African Open Mic Night raises \$75 for the Ikaya Primary School

By Jessica Watts
Staff Writer

Ten people performed at African open mic night March 9, which was held to raise money for senior Steve Theoharides' fund-raiser for the Ikaya Primary School in South Africa.

Sophomore Rachael Horneman said this open mic was different because they highly encouraged a donation of \$1. Even though only 10 people played, the night raised \$75.

The night was sponsored by the Coffee House. First-year Margaret Rowlands helps organize the events for the Coffee House. She decided to help with the fund-raiser because it's for a good cause, which can help "provide children with a better future, and it's the only sacrifice I do to help."

Rowlands said she decided to put on an open mic as part of the Coffee House's fund-raising because St. Michael's students have "an amazing musical talent and people who are inclined and have that camaraderie are willing to help an organization for charity."

Rowlands commented on how generous everyone was.

"It was a group of selfless individuals coming together and sharing their music and their talents with everyone," Rowlands said. "Personally, I've never felt this much spirit before."

Junior Caleb Baker said there was more quality music and more variety in instruments because there were fewer performers.

"There were only a handful of people there," Baker said, "but it was pretty relaxed and chill. Most people usually play the guitar, but this time someone played the ukulele and someone played the harmonica."

Rowlands said that it was unique to see someone play the ukulele at the open mic night. The night provided originality and allowed people to try new things because of the small size of the crowd.

"It was more open and people did what they wanted," Rowlands said. "Not a lot of people made it more of a relaxing environment."

Sophomore Kyle Chadburn said the vibe was the same as usual.

"It was laid back and everyone had fun and people could do what they wanted to," Chadburn said. "There aren't always a lot of people [at open mic nights] but the people that are there for the right reasons."

Chadburn and his friend, sophomore Jon Taylor, had previously performed at an open mic night. Chadburn said they tried to make sure the audience members knew what the cause was and who they were giving the donations to.

"It is limited help," Chadburn said, "but it shows we care about what is going on in the world."

Theoharides, who started the project to raise money for the Ikaya Primary School in South Africa, said the night was "relaxed and fun, it was an active way for people to participate."

"It wasn't the greatest turnout," Theoharides said, "but, I enjoyed listening to the music and I appreciate the people who organized it and everyone that came out to support the fund-raiser."

They have raised approximately \$4,000 since the beginning of March. The rest will come from door-to-door collection, a bottle drive, faculty and staff, a letter-writing campaign and a sponsored concert by WWPV, St. Michael's radio station, Theoharides said.



Senior Phil Reeves plays the keyboards and vocals for Domestic Blend. The band opened for the show.



Shane Meunier of Fallback played for an hour to support the WWPV benefit concert for the Kayamandi Project. The night raised \$75.

ARTS & ENTERTAINMENT

Irish Night brings Katrina Relief fund to approximately \$200,000

Jesse Holland
Staff Writer

St. Patrick's Day came a little early for St. Michael's College. On Thursday, March 9, Irish Night took place in McCarthy Arts Center.

St. Michael's students and members of the community packed the recital hall. Many in the crowd wore traditional Irish green, and the excitement in the room was felt by everyone.

The night began with Professor Tim Whiteford acting as the emcee welcoming everyone and he encouraged everyone to sing or clap along with the songs.

"Our goal is to have fun playing Irish music," Whiteford said.

The first act was Tom McCarthy, who, according to Whiteford, is a well-known Irish singer with the Irish Heritage Festival. McCarthy chose a popular Irish song, but he didn't have the lyrics completely memorized, which led to some awkward pauses and moments of silence. He was quickly able to recover and still give a strong performance.

Junior Ian Gauthier and sophomore Micaela Mendicino followed, coming on stage in traditional Celtic garb. Gauthier played the bagpipes and

Mendicino performed a traditional Celtic dance entitled "The Angry Housewife."

The energy in the room picked up when O'hAnleigh, an Irish band from Middlebury, took the stage. The group, which was short one member, also dealt with various technical difficulties, but still gave a solid performance. Within a minute of the first song, the crowd had already started to clap. Not only did the group have the music mastered, but it also had the crowd amused by its comedic presence.

The highlight of the evening was when the Irish Step dance team performed. The group consists of 17 St. Michael's students. It was founded by two first-year students, Julie Griffin-Carty and Erin Brady. The group was asked to perform at the benefit over Christmas break, and the team has been preparing the dances the entire semester, according to Brady. The routines entertained the crowd by their complicated leg work.

Sophomore Shaleen Crowley mixed up the pace of the night by reading Irish poems, and the crowd was



Photo courtesy of Erin Brady

The Irish Step Dancing Team performed at Irish Night Thursday, March 9. The night helped spread the culture two days before St. Patrick's Day, and raised money for the Edmundite Hurricane Katrina Relief fund.

wooded by the singing talents of professor Declan McCabe, an Irish native.

The Highland Weavers were the last band to perform; the band featured the vocal talents of Whiteford and his daughter.

"I thought it was great," sophomore Maribeth Fonda said. "The singing was fun and the dancers were really great."

Irish Night was co-sponsored by St. Michael's and the Burlington Irish

Heritage Festival. The event was to celebrate St. Patrick's Day and benefit the Edmundite Campus Ministry Hurricane Katrina Relief fund.

The Rev. Brian Cummings was very grateful to those who organized this benefit and those who attended.

"We thank you very much for your generosity," Cummings said. "We have raised close to \$200,000."

Goldfrapp, 'Supernature'

By Michael Langenmayr
Features Editor

When Goldfrapp — the British electronic duo of Alison Goldfrapp and Will Gregory — first burst onto the scene with 2000's critical darling "Felt Mountain," no one, other than music critics, seemed to notice. The album was a lush sonic landscape of electronica, folk and classical score that took chill-out music to soaring new heights.

Their follow-up, 2003's "Black Cherry," was a sharp departure from that. "Black Cherry" was about flashy 80s synthesizers and big Y2K basslines. It was up-tempo, it was sexy and it was loud.

Goldfrapp's new album, "Supernature," picks up where "Black Cherry" left off. Like its predecessor, "Supernature" is one part retro and one part cutting edge, giving many of the tracks a nostalgic stylishness that is wholly addictive.

The disc kicks off with back-to-back gems "Ooh La La," "Lovely to See You" and "Ride a White Horse." The opening track, also the album's lead single, "Ooh La La" bounces along with so-damn-fake-that-you-actually-kind-of-like-it clapping machine as Alison purrs the lyrics like a young Debbie Harry.

Meanwhile, "Lovely to See You"

screams to life in under two seconds and doesn't let you go until the very end, whilst "Ride a White Horse" demonstrates some of Alison's most heavenly vocals to date.

After the album's opening trifecta, though, much of the rest of the disc seems uneventful. "Fly Me Away" and "Satin Chic" are great fun — especially the latter, which sports a honky tonk piano that sounds as though it was played by a young Elton John—as is "Beautiful," even if it is a carbon copy of their 2003 track "Strict Machine."

Review

What's missing from much of the album is a sense of exploration that defined the duo's first two discs. "Black Cherry" was a radical departure from "Felt Mountain," and a need to push the boundaries again was still there.

Gregory's dirty beats and Alison's often heavenly, though sometimes erotic, voice pulled you in so many different directions that Goldfrapp was daring you to listen and not find something you like. "Supernature," on the other hand, polishes Gregory's beats so they're fit for mass consumption.

"Supernature" is a cleaner "Black Cherry," and while that's still loads better than most anything else on the market today, it's a disappointment by this band's standards.

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COLUMNS

Alternative spring break

It was odd for me to pull out three different guys numbers from my pocket on a Saturday night. However, the numbers weren't from guys that I saw as prospective dates, but were from three men living in a homeless shelter in Hartford, Conn. As part of M.O.V.E.'s extended service program, I spent my spring break in Hartford trying to do my part in community service.

COLUMNIST



Jackay Rotondo

During this week, I was joined by five other St. Mike's students and one alumnus. We split our time between four places: St. Elizabeth's House and House of Bread (both soup kitchens), the San Juan Tutorial Center (an after school program for bilingual children) and The Immaculate Conception Shelter, a homeless shelter for men in downtown Hartford.

I don't think anyone in the group would disagree with me if I said our favorite place to visit and the place that impacted us the most was the Immaculate Conception Shelter.

Most of us went into the shelter feeling apprehensive because it is a "wet shelter," meaning the men are able to come in intoxicated and on drugs. However, it was here we were able to strip the aprons and gloves that we had to wear when serving food and all of the barriers that are supposed to exist between a child and teacher and engage in conversations with men

who to me had the most real perspective on life.

Each conversation I had made me feel so alive and question my own values. These men weren't concerned with being able to buy the new best material items but were interested in bettering themselves, whether that meant sobering up, staying clean, or simply getting a job, so they could again return to a "good" life. Even if I was simply listening, I felt as though it was satisfying for these men, who most of the time living a lonely life on the street.

One of the issues I struggled with during the trip was that after six days there was a strong possibility that I would never see any of these men again. However, by the end of the trip I tried to look at this in a different light. I realized I should be thankful I had the opportunity to meet these men. I should take with me the good memories. The men we met were so thankful for the thing that was the easiest for us to give them, our time and listening.

By listening to their stories, I realized these men rarely receive compliments. Going into this experience, I feel as though many of us felt as though these men should be thankful and constantly praise the work we did. However, in the end, I feel as though it is these men who deserve praise. It took me until the end of the week to make this realization but by then I was making sure each time I ended a conversation with someone I gave them a compliment.

Most of these men have been

pushed down by the troubles of life and are earnestly trying to fight back. However, with the economy and lack of the job availability today they seem to be unable to satisfy these desires. Many of the men in the shelter even had jobs but their salaries were insufficient.

What I found especially inspiring was even while these men can be seen as living hard lives, they all still sought and praised God. Each person I talked to was thankful to God for what they had and didn't complain about what they didn't but believed with his guidance they would find what they need. The presence of God and faith there was so unbelievable. Even when working in the soup kitchens when looking around it was clear at least one person was praying before their meal.

I have tacked the three phone numbers/addresses on my bulletin board and have made a promise to myself I will try to send each of those men a letter at least once a week to remind them that they have support in this, even if it is the only way that I am able to provide it.

Contact Jackay at jrotondo@smcvt.edu



Ask Arly

Answers to your questions on life, liberty, and the pursuit of happiness.

Flip's a Flop

Q: I understand it's spring now, but I'm shocked by the amount of flip-flops, tank-tops, short-skirts and similar summer clothes people on campus are wearing. When is it appropriate to start wearing these items? I don't want to look like a social outcast, but I also want to stay warm.

- Summer Seeker

A: I feel your pain, or well, your frostbite. This past weekend I saw enough flesh to make me think I was an extra on "Naked Slashers 4: Nude and Dangerous." Despite the fact it was a chilly 32 degrees, people were rocking their sunglasses at night. And likewise normally sunny clothes. (Water freezes at 32 degrees. Just to keep it in perspective.)

I'm a Vermonter, born and bred. Which means two things. One, I happen to have a high tolerance for the cold, due to the snowflakes that run through my maple flavored blood, and two, I'm a fun-loving hippie at heart. No one could deny my love of frolicking through grass covered fields bare-foot letting the grass tickle my toes.

Flat out, I hate shoes. I think they're like straight jackets for your feet. So I understand the urge to throw on your flip-flops and leap through a daisy covered field. But when the grass you're frolicking through is ice-covered, and instead of getting tickled, your toes are being sliced up by blades of grass that live up to their name, you've got to bite the bullet and cover your feet. All the way. Those two-dollar flip-flops from Old Navy, although delightfully priced, aren't really ready to make their real-world debut. If your shower sandals are covering more than your "I'm hitting the town" shoes, you've got a problem.

We just got back from spring break. But that doesn't mean the same styles you were flaunting south of the border can still be rocked up here. Everyone knows you look super cute in your strappy sandals and your shiny blue sequined tube top, but unless you're going to wear woolen socks and throw a faux bear-skin rug over your shoulders, you can not wear it to the 300s. I'm sorry. But the fashion and common sense gods are both in agreement on this one.

I know you spent a lot on your tan. A round trip ticket to Mexico is pretty pricey. It's understandable you want to show it off. But you could invite people over to your room, and hold a fashion show. People could pop popcorn. It'd be fun. And entertaining. And a whole lot warmer than walking the pseudo-catwalk the 300s walkway seems to turn into on a Saturday night.

And it's not just the ladies who suddenly get braver and bolder with their fashion choices. Beer seems to be like anti-freeze for the body. Tank-tops and short-sleeve shirts become the new parka. My personal favorite is the basketball jersey over the T-shirt. Mmmm, that six-inches of extra fabric not only covers your biceps so well, but my how it must keep you warm. Or not.

The rule of thumb I usually use: If you feel like you're going to die, don't wear it. I'm nobody's mother, but I do get genuinely concerned when the scarf I'm wearing seems to be roughly the same amount of fabric used on other people's entire wardrobe. I get nervous watching people bounce around nearly-naked with blue-tinged skin.

On Saturday night people were telling me through chattering teeth, "It's fine. I don't mind the cold." Well, the rest of us do. And when my body temperature drops 10 degrees by just looking at you, we've got a problem on our hands.

Side note: It's supposed to be 60 this Friday. Go buck wild. But the average high around this time is 45 degrees, so keep that in mind. And also, when the sun goes down, it takes the heat with it. So lose the flops for the night-time. Or find me in the 300s. I'll be the one passing out faux bear-skin rugs.

Send questions to Ask Arly at defender@smcvt.edu or Box 275

P-Day turns fifty. Fifty years old.

Fifty years ago three juniors began the infamous P-Day that so many students and alums can't imagine their life at 1 Winooski Park without. In 1956 "Preparation Day" as it was known, was a time for the junior class to raise money for its annual Junior Weekend which in many ways resemble the current end of the year celebration we love, P-Day. Junior weekend included class competitions and a parade throughout Burlington (we think mostly to pick up hot ladies at the neighboring Trinity College) and ended with a huge formal dance.

The only parades now are those by seniors on Thursday nights to the local bars. Needless to say times have changed and P-Day has evolved. This year the S.A. hopes to draw from the great traditions of the past 50 years while adding new practices for future Purple Knights to continue. There won't be any dudes climbing greased poles or tri-cycles races that have produced priceless photos of Fr. Mike Cronogue.

On the other hand, students might be able to dunk Lou DiMasi and their friends in a dunk tank while enjoying food from over five local restaurants. The community will also enjoy an evening of great entertainment that will include bands, a well known comedian, and much more. Our hope is to make this 50th birthday celebration of P-Day one that is safe, enjoyable, and absolutely out of this world!

To make this a reality, we've not only planned great programming, we've also been meeting with the college administration, Residence Life, Security and representatives from the Colchester Police Department since February. In light of past incidents, the S.A. leadership has been working with all of these parties to address the legitimate concerns students raised at the end of the last school year, regarding the tactics of some officers, and all Purple Knights can rest assured we have made it clear the tactics in question will not be tolerated.

At the same time we have outlined some necessary steps every student must take to ensure this P-Day is great in every way. First, we must recognize that we all have to be responsible, not only for ourselves, but also for our friends. A community is nothing without support and collective responsibility. Second, we must remember it is illegal for those of us under 21 to drink alcohol and that security and the police must enforce the law. If any of us are asked to dump our alcohol, we must recognize the best thing is to dump our alcohol, go about our business and enjoy the rest of the day. Now we are under no illusion that students will not drink, but we are confident that we can and will keep our alcohol consumption under control and practice moderation. Third, we must be respectful of our Res Life and Security staffs because they work with us all year and at the least deserve our respect.

This year's theme is P-Day 2006: So Fresh and So Clean! Just hear us out. Because we are trying to clean up the past and put our own mark on this tradition we love, we thought

this was the best theme. OK, that's weak and you know there's another reason. Senior Mike Clark has an awesome theme song that is hilarious. Stay tuned for Clarky, George Hayes, and Dave O'Connor's rendition of the Outkast hit on S.A. Records! Our entire community (faculty, staff and students) is in this thing together. Let's remember to Work Hard, Play Hard, and prove all of the skeptics wrong by making this the greatest P-Day this college has ever seen.

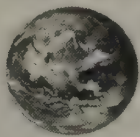
This column was written by Tyrone Walker, Mike Clark, and George Hayes. You can send responses to the Student Association at studentassociation@smcvt.edu.

This year's theme is P-Day 2006: So Fresh and So Clean!

COLUMNS

Tea and crumpets? Try peanut butter and jelly

By Hunter Gaiotti
Guest Columnist



SMC the World

Study Abroad
students write
home

When I got off the plane at Heathrow airport 11 weeks ago, I thought I knew exactly what my trip was going to be like. I had memorized my guidebooks and read up on the local culture, but nothing could prepare me for what London had in store.

The first day I was dropped off at my house, given my set of skeleton keys for the flat and that was that. My house looks like a place that should be on MTV cribs. Apparently, the university ran out of housing so they stuck my roommate and I, along with two other study abroad students, in this house about 15 minutes from campus. The neighbors are pretty snotty, but we just stay out of their way.

One of the most surprising things about London is how big it is. The second day here, I put on my running shoes thinking I would take a trip down to Buckingham Palace and back. After running for 45 minutes I realized my plan wasn't going to work, so I turned around and headed towards home. I'll never forget that first run because it took me three hours to find my way home. The next day it took two and a half hours to find my way back, but each day after that I found my way home faster.

On my first Wednesday here I saw a big group of people running along Hyde Park and I ran along side one guy and asked him what they were doing. Ev-

ery Wednesday night since then I have been a part of the running club that meets at Marble Arch. This has been one of my favorite things in London by far. Around 200 of us run around Hyde Park, Green Park, and St. James's Park, which is a total of 7.2 miles.

Running club is one of the only things I have ever done in London that was free. When I first got here, I converted every purchase from pounds to dollars and if something was expensive, I didn't do it. That lasted for about a week or two before I stopped converting all together and just started spending. On any given week, I go out five nights a week, with the occasional six night weeks thrown in. A night out in London can end up being pricey. Before you know it, that summer camp counselor life savings you put on your new ATM card is long gone.

I have always loved peanut butter and jelly sandwiches, but I've never eaten so many in my life as I have here. So filling, yet so cheap. The sad truth is, I would only buy jam and bread each week because peanut butter was too expensive, and it wasn't until my parents sent me peanut butter that I ate any.

There are times when I ask myself if it is a good idea to not nourish myself just so I can go out six nights a week, but those



Photo Courtesy of Hunter Gaiotti

Hunter Gaiotti, a junior, is spending his semester in London and enjoying the sights and sounds of the city.

times are rare. I can eat all I want in Vermont, but I can't pay 15 pounds to be crammed into the hottest club in London with 2,000 other people on a Saturday night. Some things are just worth the extra money.

All of my classes are a 15 minute walk from my house and I will never complain about the walk from Canterbury again. Each time I go to class I have to cross a four lane road which is the London equivalent of Interstate 89, only every one else is running to get across it too. Every one is always in a hurry.

I made the mistake of standing on the left side of the escalator

one morning. Believe me, it only takes one umbrella poke for you to learn the left side of the escalator is for running, not standing. I accidentally make eye contact with people on the tube, which is frowned upon here. Don't even bother trying to be friendly to people at work. They hate their job, leave them alone so they can help the next customer.

London is an amazing city where there is always something to do, and some days I see things that just blow my mind. With the exception of a recent transvestite attack, I have always felt very safe here, but at the same time there is always the feeling you could be hit

by a bus every time you cross the street. I think it's the combination of always having something to do and occasionally fearing your life mixed with the lack of money that makes this the best place to study abroad. If it weren't for missing Saima and Taiba serving up their Alliot goodness, I'm not sure I would ever come back.

Contact Hunter at hgaiotti@smcvt.edu

An office is an office is an office. Or is it?

By Graham Jesmer
Guest Columnist

There are plenty of places where I could go to find an internship where I get to watch March Madness, the NHL and Major League Baseball all day. ESPN? NESN? Maybe CBS? But where could I do the same thing and be able to travel Europe in my free time? Well, that would be the North American Sports Network, based in Dublin, Ireland, "NASN, the only TV channel in Europe dedicated to North American sport."

On the outside, if you can ignore the construction cranes, Dublin City is like stepping back into the 1930's. The same buildings that stood during the time of Irish independence appear relatively unchanged, and only a few modern skyscrapers dot the skyline. But the more you delve into Dublin and its people, the more modern and forward looking it really is.

I have seen this first hand working for NASN. The network broadcasts all of our favorite sports, yes, even the Sox, to Ireland, the UK and Continental Europe. We pull in feeds from ESPN, CBS, Fox and everything

in between. But that isn't the really interesting part of the job.

During my first few weeks, the network was getting ready to broadcast the biggest American sports weekend of the year, save the Super Bowl, March Madness. The best part was the number of Irish and British people in the office I needed to explain the tournament to. They were boggled by the fact that the 65 teams in the tournament were only a fraction of the college basketball teams in the country. Apparently I did good work with the explanation, because about 25 people with no real understanding of the tournament lined up to put in their €2 for a chance to win €80 by simply drawing a few names out of a hat.

The people are great. All day long, they watch games and high-lights, and they yell at the TV. Baseball and basketball bloopers bring choruses of shock from all over the office. We have a crazy CEO, who throws a basketball around the office when he talks to people. Once, he almost hit a girl in the head. He stared at her for a minute then told her one was hers and she's cut from the team.

No sense of political correctness and love for what they all do makes NASN and from what I've gathered, many other offices in Ireland, great places to work, chat and in my case watch a game. I could have done the same job at home (they do send me to the post office on occasion) but I wouldn't be having nearly as much fun with as many interesting people.

I mean seriously, how many offices can you think of where baseball, rugby and hockey are on all the time and where your 40 year-old Irish boss call you homie and G-money within in the first five minutes of work? No where I tell you, no where. Cheers!

Contact Graham at gjesmer@smcvt.edu



Photo Courtesy of Graham Jesmer

Graham Jesmer, a junior, is spending the semester in Dublin.

CALENDAR

For the EARS

Thursday, 3/30

Day of Silence. Members of the Residence Life are organizing this day of silence to raise awareness about alcohol use and abuse on campus. Participants will wear black shirts with the word silence written across the front and will refrain from speaking from 8 a.m. to 8 p.m. At 8 p.m. a closing mass will be held in the chapel.



Saturday, 4/1

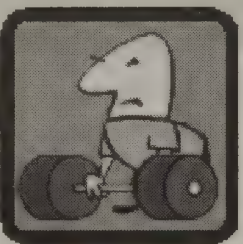
Family Weekend Performances. The Wind and Jazz Ensemble and the Chorale and Chamber Choir Singers will both perform Saturday afternoon in honor of family weekend. It's a musical marathon so prepare yourself for SMC talent at it's best. American Idol, eat your heart out. McCarthy Arts Center. Wind and Jazz, Noon. Choir, 3 p.m.

Addison Groove Project. This group has proved a longtime favorite in the Burlington music scene. They return to Higher Ground to play an all ages show. You can check them out at www.addisongrooveproject.com. Get tickets at www.highergroundmusic.com or by calling 652-0777. Tickets cost \$12 in advance, \$14 day of show. Doors, 8 p.m. Show, 9 p.m.

For the BODY

Saturday, 4/1

Krazy Knights. Stretch out your lungs because you're going to need a ton of cheering power for all the games going on this weekend. At noon, head over to the Doc to cheer on the spring sports. Men's lacrosse plays Pace at noon. The softball team goes head to head with UMass-Lowell at 1 p.m. At 3 p.m. the Women's lacrosse team goes up against Bentley. And the entire time, you'll be screaming your lungs out for SMC. GO PURPLE!



Tuesday, 4/4

Red Cross Blood Drive. You don't need all that blood in your body, now, do you? Someone else could use a little of your A positive, B negative, or type O blood, so give a little bit. Give a little bit of your blood to me. Refreshments will be provided to give your body a chance to replace all that hemoglobin you so kindly donated. Ross Sports Center. 12:30 p.m. - 5:30 p.m.

For the MIND

Thursday, 3/30

"Saving the World." Julia Alvarez will read from her new novel, "Saving the World." The book will be released April 7, but copies will be available to purchase and have sign. Hoehl Welcoming Center, 7 p.m.



Reptiles of Vermont.

If you lived for your "Ranger Rick" as a child, here's your chance to revive your passion. Jim Anderson, a herpetologist, will give this presentation about Vermont's own scaly, slithering and slippery creatures. Cheray Science Hall 201, 4:30 p.m.

Friday, 3/31

Phi Beta Kappa Induction Ceremony. Associate Professor of English, Kerry Shea will be the keynote speaker, giving the talk "'Who Can Design a New Leaf?': Storytelling and the Garden of History in the Lord of the Rings." McCarthy Arts Center, 4 p.m.

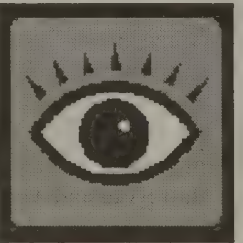
Monday, 4/3

"Does watching TV make children stupid?" Dr. Daniel Anderson, a psychology professor at UMass Amherst comes to SMC to discuss the role television plays in children's development. He's acted as a consultant for "Sesame Street," "Blue's Clues," "Bear in the Big Blue House" and other popular children's television shows. McCarthy Arts Center, 4 p.m.

For the EYES

Now - Saturday, 3/31

"World Leaders" Photo Exhibit. These pictures, taken by Sen. Patrick Leahy, D-Vt., show photos of leaders in the world. Leahy, a 1961 graduate of SMC, has a special love for photography and the role it plays in history. "To understand history, start with the pictures. Historians will write the chronicle of this century, but photography will help bring that chronicle to life for eons to come," Leahy said about a previous photo exhibit. McCarthy Arts Center Gallery, 10 a.m. - 4:30 p.m.

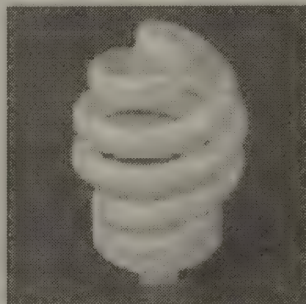


Wednesday 3/29- Saturday, 4/1

"The Comedy of Errors". The SMC drama department brings William Shakespeare's work to life for their spring production. First-years Kevin and Andrew Parise are twins playing the role of twins in the production. McCarthy Arts Center, 7 p.m.

SMC First Annual
Campus Energy
Competition!!!!

A compact fluorescent light bulb (CFL) saves 75% energy for the same light output.



The majority of us are more concerned about climate change than any other social issue and one in five of us would like to lead a 'greener' lifestyle. Despite this, almost half of us are unaware of the environmental damage our homes and lifestyles are responsible for. Green Up SMC is sponsoring a campus wide energy competition to make our student body aware of how their daily consumption is actually affecting a global issue.

Logistics*:

There are 3 categories

- Townhouses: 100's, 200's, 300's, 400's, Ethan Allen, and Hodson
- Dormitories: The quad, Senior Hall, and Founders
- New Dorms: Pontigny, Caterbury, Cashman

*Categories are based on electric and fuel meter systems

Prizes:

- You get a gold star citizen award
- Townhouses will compete for a cash prize
- Dormitories and New Dorms will compete for an end of the year BBQ and the chance to win a new snowboard

Check out pamphlets being distributed, posters in hallways, Alliot table drops, or campus e-mails for ways to reduce energy use.

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FUN

HOROSCOPES

By Andrea Lissor

LIBRA: (Sept. 23 - Oct. 22)
Participate in the Day of Silence. It's a good cause ... and people are sick of hearing you, anyway.

SCORPIO: (Oct. 23 - Nov. 21)
Start a new trend. When people cry, don't call them "wuss." Instead, call them "Redick" or "Morrison."

SAGITARIUS: (Nov. 22 - Dec. 21)
Vote or P. Diddy will kill you.

CAPRICORN: (Dec. 22 - Jan. 19)
If you see a cheerleader walking around, give her a hug. She needs it.

AQUARIUS: (Jan. 20 - Feb. 18)
Don't be fooled by propoganda, that little monkey with the glasses isn't really reading the Echo.

PISCES: (Feb. 19 - March 20)
An apple a day keeps the doctor away. Alliot apples keep everyone away.

ARIES: (March 21 - April 19)
You will find yourself pursuing an attractive Leo.

TAURUS: (April 20 - May 20)
Create a mutant race of overgrown cups and sic them on Alliot cup-droppers. See how they like it.

GEMINI: (May 21 - June 20)
Strapped for cash this weekend? It's OK, you can party with all the people who had UConn in their Final Four bracket.

CANCER: (June 21 - July 22)
Give your drunk dialing finger a rest and take that someone special to the dance.

LEO: (July 23 - Aug. 22)
Watch out for Aries.

VIRGO: (Aug. 23 - Sept. 22)
Did you know every time you learn something new you get a wrinkle on your brain? There's another one.

Onion Run
by Phil Smith



Word search
by Michael Langenmayr

Crayola colors

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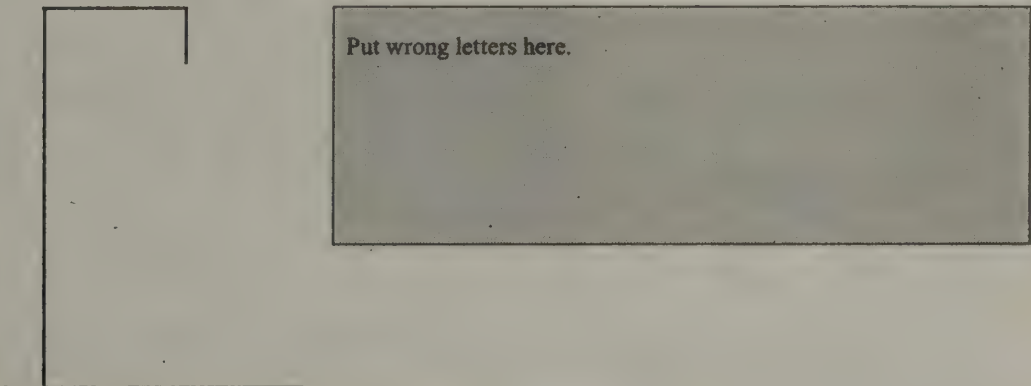
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PERIWINKLE
RED

TAN
VIOLET
WHITE
YELLOW

Hangman
by Matt Ryan and Andrea Lissor



OUTDOORS



Photos by Michael DeGrandpre

Vermont families gather outside Don and Valerie Schroeder's sugarhouse in Colchester during Maple Open House Weekend for a tour and free samples.

Vermonters are saps for Maple Weekend

Local maple syrup makers offer a sweet taste of the great outdoors

By Alyssa Baldino
Staff Writer

For some, March means a time to welcome the new season of spring and say goodbye to snow. However, for Vermonters, this month is prime time for making one of the states' most well-known products: Maple syrup.

This past weekend, March 25 and 26, sugar houses all over the state participated in the fifth Annual Maple Open House Weekend. This event is a chance for visitors to learn the process of making real maple syrup, and experience a significant part of Vermont culture.

On Saturday, Shelburne Farms, a 1,400-acre working farm that also includes an Inn, opened up their sugar house to the public to introduce the techniques of what it takes to make a great Vermont maple syrup.

Mark Cannella, an agricultural assistant at Shelburne farms, explained to his audience of children and adults, how this particular farm produces its syrup.

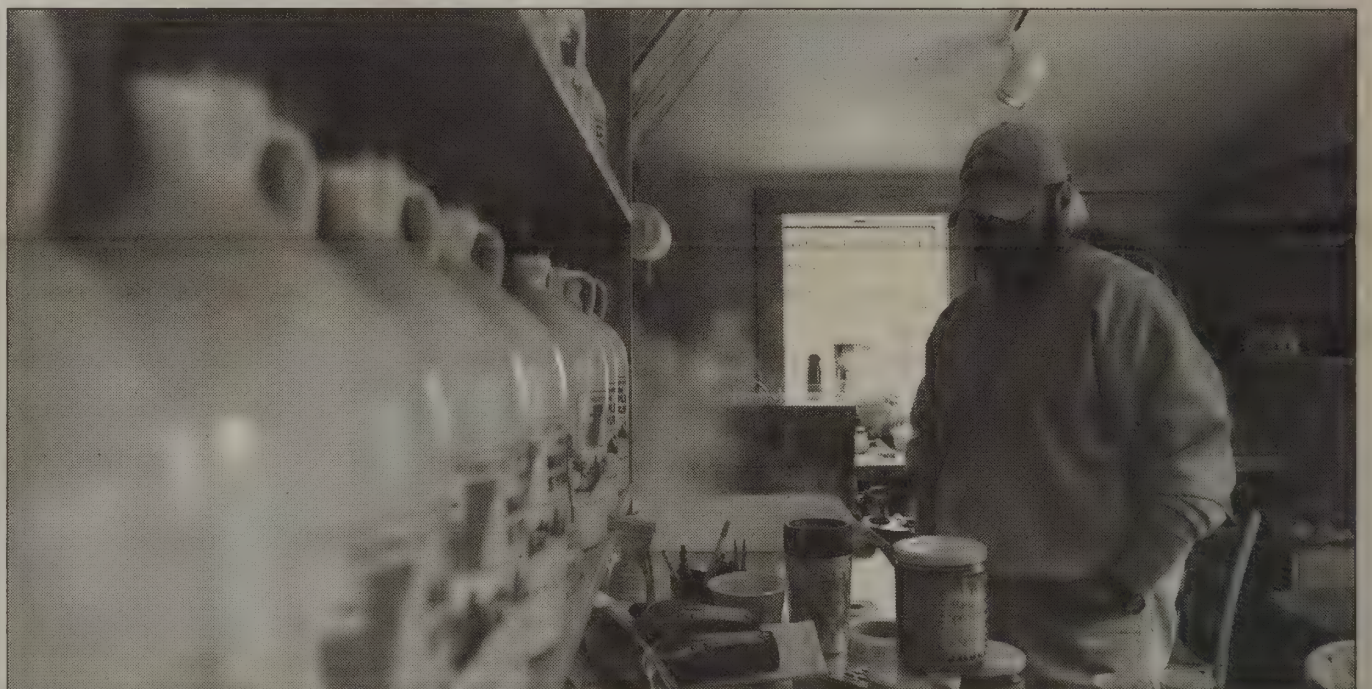
"We start by drilling tap holes into about 500 trees on one side of these woods and 100 trees on the other side," Cannella said. "The sap flows into underground pipelines instead of buckets, and connects to the tap and empties into this sugar house."

Weather conditions determine the amount of syrup which is made and when most sugar houses begin the process. March is the most common time to start production, which it lasts for about four to six weeks. If the weather is too cold, the pipelines could freeze halting sap flow. As warmer weather approaches, the syrup comes a lot easier, Cannella said.

Shelburne farms makes about one hundred gallons a season and sells their product for \$38 a gallon. This price is about average compared to other company prices in New England.

"Once the sap arrives in the collection tank, it is boiled immediately by a wood fire," Cannella said. "The sap is about 98 percent water and 2 percent sugar, so it takes about fifty gallons of sap to produce one gallon of syrup."

Children waited eagerly for a free taste of fresh maple syrup poured from the tank while others watched closely as the syrup maker stirred a new batch. With the



weather reaching almost 40 degrees and the wood burning aroma filling the air, it was the perfect activity for a Saturday afternoon.

Vermont has a long history of making maple syrup.

"The Native Americans figured out how to make maple syrup," Cannella said.

"There is also a lot of politics involved with making syrup. Sugar was a big part of the slave trade."

During the process of making syrup, a few drops of de-foamer liquid are added to the sap so as it boils, the syrup does not overflow out of the tank. Some people argue this takes away from the organic na-

ture of the product. Companies that are certified as organic syrup have created all-natural de-foamers. However, this is an expensive task.

Sally Lincoln, the agricultural educator at Shelburne Farms also participated in teaching the visitors about Vermont's maple syrup industry.

"Making syrup is a long process that has endless hours," Lincoln said. "The sap is coming into the sugar house all day and all night. You need to make sure that the sap doesn't overflow and is boiled at the correct time."

Most sugar makers put in about 17-hours of work for just a gallon of syrup, Lincoln said.

"Some days the trees produce a lot of sap," she said. "Yesterday I was boiling all day until midnight."

Because the process can be so daunting, many companies and sugar houses have produced technical machines to make a more efficient production. Reverse osmosis and steam recovery devices help to shorten the process of separating the water and heating the sap to boil.

Shelburne farm has stuck to the more traditional way of creating syrup.

"We're proud of how we make maple syrup here. It's definitely the best I've tasted," Lincoln said.

OUTDOORS

Living life off the grid

Sun and wind power Vermont's self-sufficient homes

By Drew Vetere
Staff Writer

Rising energy costs and ozone depletion are forcing Americans to rethink their environmental awareness.

Solar power is an environmentally friendly energy source. It's a clean substitute to traditional sources of electricity.

"Solar power can help reduce greenhouse gases and curb global warming," said Conor Driscoll, co-founder of St. Michael's environmental club Green Up SMC.

Vermonters are no strangers to alternative energy. Debate over the construction of wind farms was a topic for many communities on Town Meeting Day.

"It is clear that we must find new sources of energy that are renewable and derive from Vermont sources,"

grid electricity to solar power when they were building their home.

"We wanted to be independent and make our own power," Don Schroeder said.

The volume of electricity generated by environmentally friendly methods is less Schroeder said.

"You have to be aware of your use of power," Schroeder said. "We try not to use all our major appliances at once."

Because he is off the grid, Schroeder never pays an electric bill. However, solar power is still an expensive investment, Schroeder said.

Equipment and maintenance cost a little more than grid electricity, Schroeder said. In the nine years of being off the grid.

The Schroeders said they have had little trouble with upkeep.

Last year the Schroeders had some trouble when a solenoid failed. Solenoids help convert solar energy into electric energy.

"Lightning came through the phone wire one year and ruined some electronics," Don Schroeder said. "That's the extent of the damage."

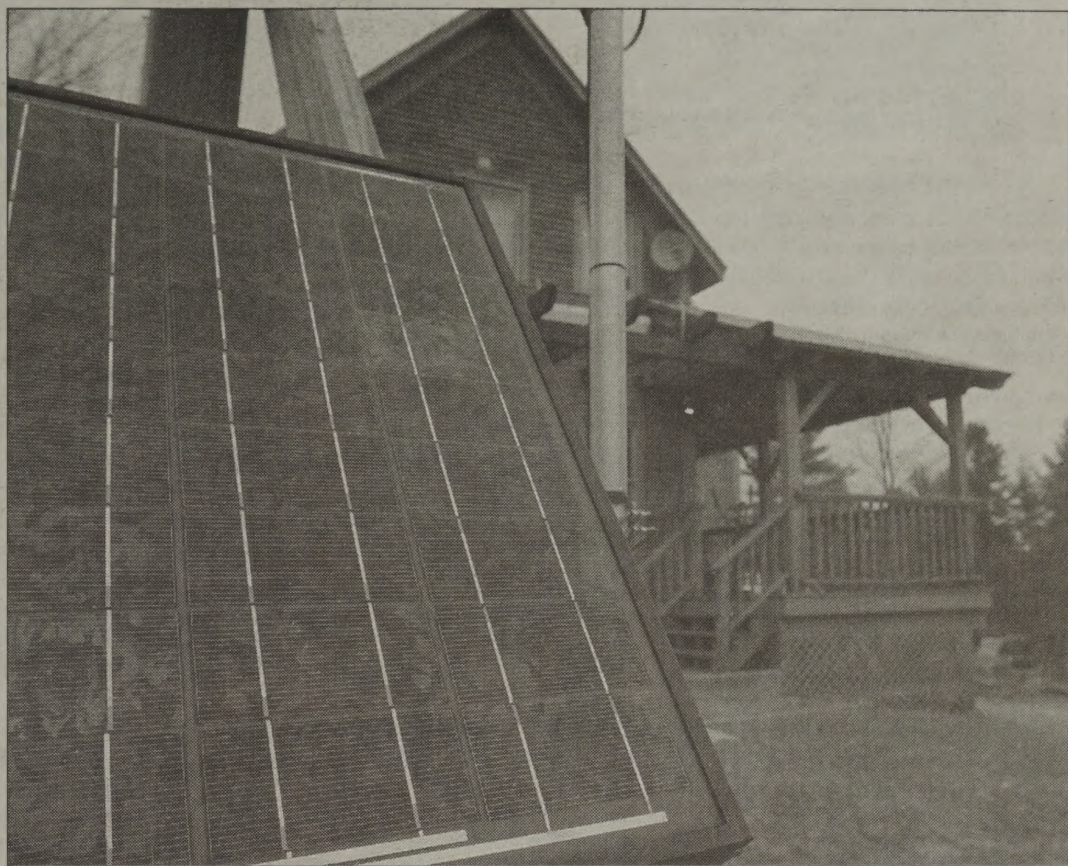
Louis Cox has been using solar energy since he built his home in 1991.

The cost of grid electricity was expensive because his home is far away from the main power lines.

Representative Kathleen Keenan said in an interview originally aired on Vermont Public Radio.

Some homeowners in the Burlington area are saving money on electric bills and helping the environment by switching from traditional grid electricity to solar power.

It was difficult at first for Don Schroeder to adapt to his solar powered home. Schroeder and his wife Valerie have lived in their Colchester home for nine years.



Photos by Michael DeGrandpre

Don and Valerie Schroeder use a combination of solar panels and windmills to power their Colchester home.

Despite being a more expensive alternative to the grid, Cox chose solar power because it was an opportunity to do something good for the environment.

"It's nice being aware of yourself as part of the natural environment," Cox said. "We have to adjust our lives to what nature provides."

Solar panels made of silicon attract rays that become electrically charged when exposed to sunlight. Panels have to be angled depending on the season in order to gain maximum voltage.

Cox has had little trouble with his solar panels in 15 years. Winter in Vermont causes inconvenience for Cox because of periods of little sunlight.

"If it's cloudy we have to give up the use of some appliances," Cox said. "Then when it gets sunny we catch up on our chores. Nature is the boss and we have to adjust."

Having solar power can sometimes be a chore in itself for consumers.

"You have to change your

habits," Cox said. "People think energy is there to waste."

Schroeder and Cox use lower voltage light bulbs that last longer than traditional incandescent bulbs. Switching light bulbs can save a consumer approximately \$35 a year on his or her utility bills, Cox said.

Energy independence is a long way from happening in Vermont. Steps are being taken with the proposal of wind farms in the Northeast Kingdom town of East Haven. Approval of the plans will bring Vermont another step closer to energy independence, Driscoll said.

East Haven is proposing the installation of four wind-turbines on the summit of East Mountain in East Haven.

According to the East Haven Windfarm Web site, "East Haven Wind farm hopes to expand the contribution of wind power to the Northeast Kingdom's energy needs with additional projects nearby."

While East Haven Windfarm's future has yet to be determined, it

is an issue that could help better the future of Vermont and possibly the rest of the country.

"If they don't approve the plan in Vermont, what other state will?" Driscoll asked.

Along with the obvious environmental benefits of renewable energy sources there are also political benefits, Driscoll added.

"If we can reach energy independence we won't have to rely as much on foreign countries for oil," Driscoll said.

The future of renewable energy in Vermont still remains in question. Lawmakers have yet to come to a decision on the East Haven Windfarms, but a hearing officer for the state recommended against the installation. There is no doubt Vermont residents will stay green and stay clean.

"Making power is a dirty business," Don Schroeder said. "It's nice to know where my power comes from."

They made the switch from

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OUTDOORS

Taking the trail less traveled

From Arizona to Vermont, wilderness is a land of many uses

By Nick Martin
Outdoors Editor

The points on my boot sink easily into the hard-packed snow. I gingerly test their hold before shifting my weight. A misstep here could mean a long and tumbling fall to the base of the rocky cliff.

A cactus has made this slope its home, but looks oddly out of place blanketed in white powder. At least the cactus is securely rooted in the rocky soil.

Standing fewer than one foot away from the 200-foot vertical drop, I have donned no safety gear. No harness. No rope. In fact the only equipment I carry, the 40-pound backpack resting awkwardly on my shoulders, only impedes my balance.

My companions and I are no longer following an established trail. The unmaintained trail has proven almost impossible to distinguish from the miles of wilderness. For now, I am not worried. I take satisfaction in knowing we are headed in the right direction: down.

Route finding, map reading, and a little luck puts us back on the trail in minutes.

I notice this path has not seen much

Get up. Get out. Enjoy the natural world in a responsible and healthy way. Maybe I'll meet you in the forest.

traffic in recent days, and my companions seem to agree as they recite lines of poetry by Robert Frost.

We would not see another person apart from our group for the rest of the day, and most of the next.

It's places like the Grand Canyon National Park where you can experience the solitude of wilderness, but only if you are looking for it.

Most visitors to the park are concentrated on well-maintained, high-use trails. The majority of them never make it to the Colorado River unless, of course, they raft or kayak it.

Had I not seen it myself the day before, I could not have guessed that hundreds of people were standing on the rim of the can-

yon staring down in our direction as the sun set on us that night. "Two roads diverged in a wood, and I — I took the one less traveled by."

When it comes to enjoying the great outdoors, there really are two roads to be taken. You can stick to the popular paths and pinnacles, or you can take the road less traveled.

Most people prefer one or the other. I believe both are equally noble pursuits, but enjoy the quiet isolation you can find off the beaten path.

We all have the right to experience the outdoors in any way we see fit, as long as we respect nature and others we meet along the way. But you don't have to journey across the country to enjoy the wilderness. Vermont has thousands of acres set aside for recreational use in the Vermont National Forest.

Guidelines for the expansion for Vermont's National Forest were set last week, and it seems few were satisfied with what was set forth. The grumbling stems from the fact that we all enjoy the state's natural beauty in different ways.

ATV enthusiasts argue they should have access to more trails, while environ-

mentalists would prefer the machines excluded from the forest completely.

I say the new guidelines provide a healthy compromise for all people to enjoy the outdoors.

My only complaint is the acreage of potential wilderness proposed by the plan. An additional 78,000 acres pushed for by the Vermont Wilderness Association would have made a wonderful addition to Vermont's National Forest.

The proposed plan will go before Congress, and hopefully Vermonters will soon have another 27,473 acres of designated wilderness to enjoy.

I plan on exploring as much of it as possible in different ways. I may hike. I may ski. I may even ride an ATV. One thing is certain. There is a lot to do outside.

Get up. Get out. Enjoy the natural world in a responsible and healthy way. Maybe I'll meet you in the forest. Just don't hold me up. I will have trails to explore. "And miles to go before I sleep."

Photo by Nick Martin

Grand Canyon National Park, Ariz.



A howl of a debate over coyote hunting

Annual hunting derby brings hunters and controversy to Montpelier

By Alex McIntire
Staff Writer

A coyote hunting derby in Montpelier has stirred up controversy in Vermont between hunters and local residents. The March 11 event was called a "senseless slaughter" by many landowners.

The Howlin' Hills Coyote Derby gave out prizes for both the largest and smallest coyote killed during the three-day derby. The derby was organized by Don Felion who said the derbies will help thin out the coyote population.

The coyote is a small canine that lives primarily in the North East. They typically weigh between 30 to 40 pounds.

Supporters of the derby hope thinning the coyote population will increase the population of animals hunted by coyotes.

Coyotes eat weak and young deer, other small animals, and many types of berries.

The Vermont Fish and Wildlife Department is worried these derbies give hunters a bad name. Many hunters might feel the same, as The Burlington Free Press reported last year's attendance at the derby was around 300 participants, when only 156 people who signed up for the event this year.

The coyote population is at a normal number John Hall said, Information Specialist at the Vermont Fish and Wildlife Department.

In Vermont there are between 4,500 and 8,000 coyotes. The department is more worried about is the reputation of the Vermont hunter, Hall said.

"We encourage hunting of all kinds," Hall said. "We just don't want derbies such as these to be detrimental to the image of the Vermont hunter."

Hunting these animals will have little effect on the overall population of the species in Vermont, Hall said. Removing the coyotes in particular areas will only reduce the population for a short time, he said. It wouldn't be long before the previous year's young move into the new areas. The coyote is a very adaptable animal, Hall said.

In Vermont a hunter can shoot a coyote at any point in the season. However, there is a trapping season: the fourth Saturday in October to the end of December. There is no limit on the number of coyotes a person is allowed to kill in a year, Hall said. In many cases, hunters kill coyotes while hunting for other animals.

Sophomore Ben Clark has been hunting for nearly 10 years. In the fall of 2003, Clark was deer hunting when he found himself face to face with a coyote.

"It all happened so fast," he said. "I heard a crunching noise, thought it was a deer but recognized it as a coyote. It kept coming closer and closer so I pulled the trigger."

Clark grew up in a family in which hunting is a tradition. He considered entering the derby, but at the last minute refrained. There was an ethical dilemma and the derbies just seem to give hunters a bad name, Clark said. The one good thing to come out of these derbies is it thins out the coyote population, which helps increase the deer population; a positive for hunters, Clark said.

"It just makes hunters look bad," Clark said. "The way it's set up, it just looks like useless killing and the slaughter of animals. But I don't think it's having an impact on the overall population."

Other people at St. Michael's are taking a stance on the derbies. Biology professor Peter Hope said he was not at all in favor of these derbies.

"For me it is too reminiscent

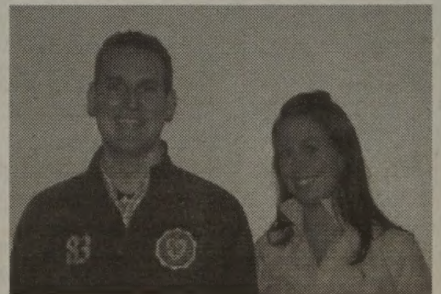
of the old days when the government had bounties on many of our top predators like wolves and catamounts," Hope said. "The bounties and unregulated hunting and trapping extirpated these animals from Vermont. I especially disliked the prizes that the organizers gave out for the smallest coyote shot."

There would be little effect on the overall population of coyotes from these derbies but definitely an impact on local populations, Hope said.

Some time in early April a public hearing by the Fish and Wildlife board will discuss whether or not these derbies will remain legal in Vermont.



VOTE



Greg Tobey for SA President
Nikia Murchie for SA Vice-President

What YOU want, WE want,
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SPORTS

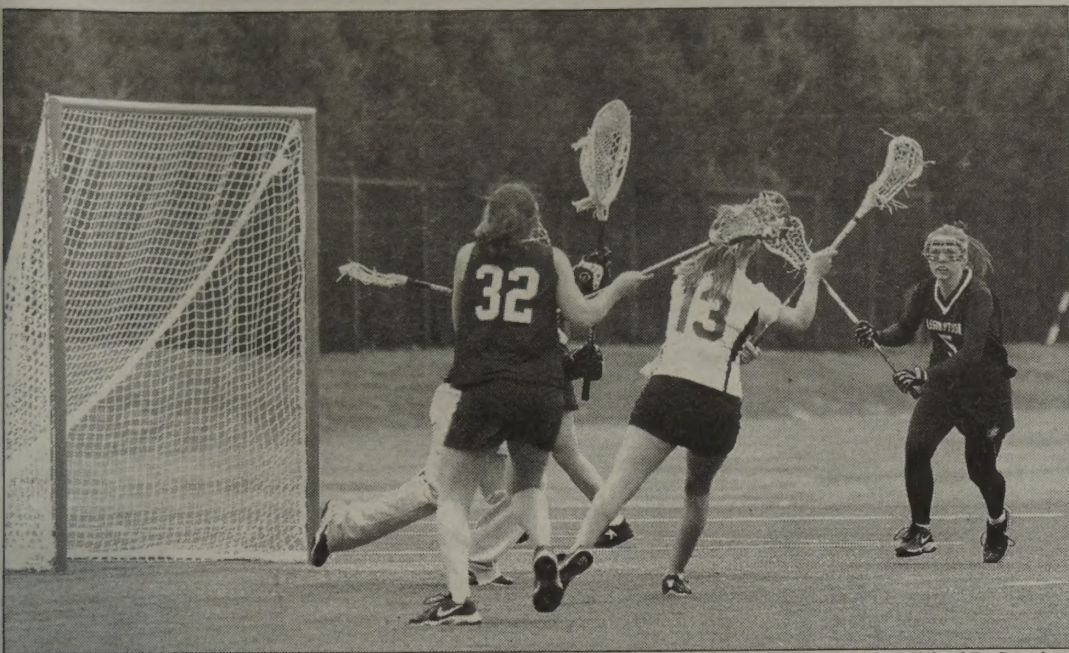


Photo by Michael DeGrandpre

Sophomore Amanda Soule (No. 13) scores one of the two goals she contributed in a game against Assumption College Saturday, March 25. St. Michael's won 17-5.

Team bonding proves successful

By Kate Kozlowski
Staff Writer

Fresh off the plane from spring training in West Palm Beach, Fla., the women's lacrosse team lost its first home game against Merrimack on Tuesday, March 21, bringing its record to 3-2.

Despite surging ahead and holding a 4-1 lead in the beginning of the game, the team lost the lead in the final moments, and lost 12-11.

Senior co-captain Kristen Palazzo, junior Megan Rule, sophomores Amanda Soule and Brynne Curran and first-year Lauren Rizzotti each scored.

Coach Carla Hesler said in spite of the loss, the team stayed strong throughout the game.

"We played very well, she said. "A lot of the work we've done over the past month and a half is really coming together. It's a work in progress."

The team performed the best it has all season against Merrimack, sophomore defender Karen Fitzgerald said.

"It's the best we've played, but there's still a lot we need to work on," she said. "[Merrimack] really brought that to our attention."

Hesler said weaknesses include the ground ball game, communication, defense, shooting and time management on the field.

The team played three games during spring break, going 2-1.

In addition to games during break, the team practiced, trained and bonded in preparation for the upcoming season.

"When we didn't have a game, we were preparing for games," first-year Ava Gottschall said.

Players spent as much time as possible together off the field in order to achieve a sense of solidarity, Hesler said.

"We tried to create unity because it's the heart and soul of a team," she said. "They have a greater respect for one another after seeing one another in adverse situations."

During training Hesler focused on establishing

team companionship, sophomore Lila McCormack said.

"Carla emphasizes team bonding on and off the field," she said. "It's very important to her that we develop personal relationships. Our team is very tight, and that's a reflection of our coaching and the spring break trip."

Fitzgerald also credits the trip.

"This is when our team becomes a team," she said. "It gives the freshmen a chance to get comfortable and share an experience with us as a team. We established ourselves as a whole different team from last year."

Gottschall said the trip made her feel more like a member of the team.

"It was nice to get away and be able to focus on lacrosse and bond with team," she said. "You got a bigger sense of people's personalities."

Despite losing their first home game of the season, players is optimistic.

"It was disappointing," Fitzgerald said, "but we're focusing on the rest of the season."

On Saturday March 25, the women defeated Assumption College, 17-5. Curran scored four times, and Palazzo, Rule, Soule, and Rizzotti netted two goals each. Sophomore Courtney Wakem made six saves. Assumption tallied four goals in the second half but St. Michael's retaliated with second half season high of 10 goals.

New first-years will prove invaluable to the team, Hesler said. She has particularly high expectations of first-years Gottschall, Rizzotti and Kelly Fitzgerald.

"It's a matter of them believing in their strengths and setting themselves up for success," Hesler said. "They all have different strengths and abilities. They are working on finding their niche on the field and adapting to the kind of game we play."

St. Michael's will host Bentley College on Saturday April 1, at 3 p.m.



Who are you cheering for?

Purple, gold and white, come on team, let's win tonight! Block that shot! Shoot that ball! Score that basket!

Enough.

Before a home basketball game a couple months ago, it became obvious why cheerleading is the worst activity created.

The cheerleaders scampered over to the entrance, and raised their pom-poms for our Purple Knights. They stood there, feeling like they were the best thing to happen since the Pogo Stick.

The team came out and some of them started cheering, thrusting their pom-poms into the air with smiles as big as a 13-year-old boy looking at a Britney Spears poster. Then the ones cheering realized they were cheering for the wrong team.

They weren't cheering for St. Michael's, they were pom-pom thrusting for the other team!

They stopped, resumed their positions and waited for St. Michael's to come out. St. Michael's came running through the doors and the cheerleaders started cheering like nothing happened.

They are nothing more than background noise we try to drown out, but it's like fingers running across a chalk board.

Let's make something clear, cheerleading is not a sport, it's an activity.

You stand at the end of the court thinking you have an impact on the game. You don't. You have as much impact on the game as the hot dog vendor.

And, yes, I'm aware we don't have one.

When our team is on the free-throw line, you stand with pom-poms in the air and paste on pearly white smiles. When we make a free-throw shot your pom-poms come flying down and you all yell, "SWOOOOOSH HHHH."

The most annoying and pathetic sound in sports belongs to our cheerleaders. SWOOOOSH!

If you wanted to make an impact just sit in the stands and be rowdy. We already have a Krazy Knight section, go join them, but leave your pom-poms at home.

The halftime show is suspect. You roll out cushy mats in case someone falls. All you do is put a woman on another woman's shoulder and have her yell, "GO! St. MIKE'S! GO!" If there were more flipping and jumping and less spirit fingers, it might be entertaining.

I don't hate cheerleaders. My mom was a cheerleader in college, but then there weren't an equal number of woman sports available. But hello 2006 and all the title nine rules. There are options now.

The Student Association gave the club over \$9,000 to fund summer cheer camps and other cheer related things. They even spent \$1,000 on a routine for competitions?

How hard is it to come up with a cheer?

2-4-6-8

Who do we appreciate?

Our basketball team,

Our basketball team,

Oooooohhhh YAY!

Or maybe,

Let's go (clap clap)

St. Mike's (clap clap)

Let's win tonight (clap clap)

Any of those are better than,

Steal that ball

Or,

Sink that shot

Regardless of the quality of the cheer, the energy level of the cheerleaders, or the amount of flips that we still haven't seen, you don't, and will never have, an impact the game.

| Sophomore | Lacrosse | Business | Wilbraham, Mass. |

Athlete of the Week

Jeff Hannon



High School: Minnechaug Regional High School.

Started Playing: Sixth grade.

Why SMC: My sister went here, I love the atmosphere, people and being in Vermont. I also thought it'd be great to play for coach Schimoler.

Favorite Memory: The celebrations in the quad freshman year after the Red Sox's four victories over the Yankees.

Favorite Food: Lobster.

Plans for after graduation: Family trip to Italy then either working or going to grad school.

Why Chosen: Was named NE-10 goaltender of the week for saving 33 out of 52 shots in a 1-1 week, 16 shots in a 10-6 win over St. Anselm on March 18.

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SPORTS

Lacrosse starts strong

Purple Knights defeat Bentley for first time in four years

By Will Gamache
Staff Writer

While many students relaxed over spring break, the men's lacrosse team was hard at work. The Purple Knights opened their season 4-2, 3-0 in the NE-10.

On March 22, the team beat Bentley College 7-5, in its home opener on the new Christopher Duffy Artificial Turf Field.

After being down 1-0 in the first quarter, the team responded with three straight goals.

After a scoreless second quarter, Bentley scored two early second half goals to tie the game. Each team scored again in the third quarter, and headed into the final quarter tied 4-4.

Senior Eric Libby scored and sophomore Mike Boerma added a goal to increase the lead to two. Bentley pulled within one, but Boerma's second goal of the game with less than a minute left secured the win. Sophomore goalie Jeff Hannon made 14 saves for the Purple Knights. It was the team's first win against Bentley in four years.

"It feels real good," senior Tom Campbell said. "We've finally got that monkey off our back."

Head coach Paul Schimoler said his team didn't play its best game, but will take the win.

"I don't think we performed to our ability, and nor did Bentley for that matter, but a win is a win," he said.

Sophomore Mark Agostinelli said the new playing surface has had an impact on the game.

"It's quicker," he said. "The game is much faster. It makes ground balls easier to get, and allows the goalie to better defend against bounce shots."

The team opened its season, March 7 against Division I University of Vermont. The game was tied at 1 after the first quarter, but UVM outscored the Knights 13-3 the rest of the way, winning 14-4.

The men had three scrimmages cancelled due to bad weather before the season started. The UVM game was the first one against an opponent.

"The biggest benefit is we've been able to get outside," Schimoler said. "Breathe the cold air, and deal with the fact that it's cold out."

Agostinelli scored twice, while Boerma and senior co-captain Brandon Kobelt, who was named to the preseason Division II All-America list by Inside Lacrosse and Face-Off Yearbook, each scored.

The team took the game as a means to be able to play a high-caliber team, Schimoler said. "Our main goal was to experi-

ence a high level of play," he said.

The team picked up its first win of the season in its next game vs. St. Vincent College 14-13 in overtime.

The Knights fought back from a three goal fourth quarter deficit. Lazarus led the team scoring four goals and adding an assist, while Agostinelli had three goals and an assist. Kobelt and first-year Jake Previte each scored twice, and Hannon made eight saves.

The Knights were ranked 10th in the USILA D-II poll, but dropped their next game to fourth-ranked Adelphi, 13-3.

On March 18, the men opened up conference play vs. St. Anselm College in the third annual Saints Cup, which rewards the winner with a handmade stained-glass lacrosse stick, which was made by Schimoler's father.

Schimoler and St. Anselm coach Gerry Byrne are friends, and wanted to make

their games special.

"We decided we wanted to play for something so that every year we would win something," Schimoler said.

St. Michael's won 10-6, winning the cup for the second straight year.

Boerma had a game-high three goals and two assists, with Kobelt recording two goals and an assist. Hannon made 16 saves.

Leadership on the team this year has been provided by Kobelt and fellow co-captain senior Jamie Hart, Schimoler said. He added senior Eric Libby has stepped up to become a leader this year. Hannon was called a "standout" by his coach.

"He's a leader vocally, by performance and by attitude," Schimoler said. "And as a goalie you need that."

The men's team was picked to finish fifth in the conference's preseason poll. Schimoler said beating Bentley reaffirmed

what he thought; that his team could finish higher in the standings.

"We could be anywhere from second to fifth," he said.

The top spot is held by LeMoyne, who is also the top-ranked team in the country.

The Knights will host LeMoyne on March 29.

"We're going to throw everything and the kitchen sink at them," Schimoler said. "Because we want to show that we can compete at a high level, and challenge the number one team in the conference as well as the nation."

Upcoming games

Wed. March 29, 3:30 p.m. home vs. LeMoyne

Sat. April 1, 12 p.m. home vs. Pace

Thurs. April 6, 4 p.m. home vs. Franklin Pierce



First-year mid-fielder Zach Smith (No. 24) runs upfield while being chased by Bentley first-year Jon Harding.



Photos by Michael DeGrandpre

Senior Eric Libby avoids a Bentley defender in a home game on Wednesday March 22. Libby scored two goals and St. Michael's won 7-5